

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/28/23

PATIENT: YEEND, BETHANY **DOB:** 12/30/1994 **Gender:** FEMALE **MRN:** 533 **AGE:** 28 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Right ear follow up

HISTORY OF PRESENT ILLNESS: Ms. Yeend presents to the clinic for right ear follow up. She completed antibiotic and Medrol dose pak as directed. She denies ear pain.

COMPLAINT 2: RLL discoloration

HISTORY OF PRESENT ILLNESS: Ms. Yeend has complaints of right lower leg discoloration on her calf x 1 month. She reports noticing the discoloration after doing an intense leg workout. She denies calf pain but does feel achy at times off/on. She states the discoloration will intensify at times then fade but does not go way fully or change shape. She denies any SOB, CP or leg swelling.

VITALS: BP: 132/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 85; **Temp:** 97.6; **Resp:** 16; **Ht:** 68 in.; **Wt:** 155 lbs.;
BMI: 23.56; **Pulse Oximetry:** 100%; **FDLMP:** 04/02/23

ALLERGIES: Penicillins

MEDICATIONS:

omeprazole 20 mg capsule, delayed release (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY 30 MINUTES TO 1 HOUR BEFORE A MEAL)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies recreational drug, tobacco use. Occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Fluid noted to left ear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. Erythematous, splotchy, macular rash on right calf. No tenderness to palpation or warmth to calf. Homan's sign negative.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
D-DIMER QUANTITATIVE (1 unit(s)): Quest Diagnostics

ASSESSMENT:

I87.2 - VENOUS INSUFFICIENCY (CHRONIC) (PERIPHERAL) (PRIMARY)
H65.92 - Unspecified nonsuppurative otitis media, left ear

PLAN:

Pending labs, will send for right lower leg ultrasound. Strict ER precautions for any SOB or CP. Encouraged no lower leg work outs at this time.
Consider vascular referral based on lab work and U/S.

Zyrtec samples given.

Referral: EMIC, East Montgomery Imaging Center (Radiology)
Ultrasound to right lower leg

fluticasone propionate 50 mcg/actuation nasal spray,suspension
Refills: 1 Qty: 1 UNIT(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE DAILY

Electronically signed by Robin Blackwell, CRNP on 04/28/23 11:35 AM

Robin Blackwell CNP