

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/25/25

PATIENT: SMITH, DERRICK **DOB:** 10/08/1977 **Gender:** MALE **MRN:** 5341 **AGE:** 47 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough for 1 week

HISTORY OF PRESENT ILLNESS: Mr. Smith is a 47 yo male here today for a dry cough at night and productive with green phlegm in the mornings for the past 1 week. He denies runny nose, sore throat, nasal congestion, shortness of breath, wheezing, or fever. He takes claritin and flonase daily for allergies and has been taking mucinex with little relief.

His BP is elevated today but he states it happens when he takes mucinex, otherwise, he reports normal BP on daily basis.

He is requesting a refill of benzonatate.

VITALS: BP: 143/100 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 91; **Temp:** 97.2; **Resp:** 16; **Ht:** 70 in.; **Wt:** 337.8 lbs.; **BMI:** 48.46; **Pulse Oximetry:** 97%

ALLERGIES: Phenergan; Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

Zyrtec 10 mg tablet (1 tablet PO once daily)

doxepin 25 mg capsule (1 tablet daily)

ibuprofen 800 mg tablet (TAKE 1 TABLET (800 MG) BY ORAL ROUTE 3 TIMES PER DAY WITH FOOD as needed for pain)

pantoprazole 40 mg tablet, delayed release (1 tablet daily)

PAST MEDICAL HISTORY: IBS, kidney stones, migraines, bronchitis, seasonal allergies, pneumonia

PAST SURGICAL HISTORY: cholecystectomy, knee surgery, fissure repair.

SOCIAL HISTORY: Works at AUM. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

PCP: Brandi Laurenzi, CRNP

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

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RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

Dexamethasone 4mg/ml (1 unit(s)): Injection

Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:

Site Given: Right Ventragluteal

Dosage Given: 4 milligram(s)

Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:

Site Given: Right Ventragluteal

Dosage Given: 40 milligram(s)

Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J30.2 - OTHER SEASONAL ALLERGIC RHINITIS (PRIMARY)

R05.9 - Cough, unspecified

PLAN:

Given steroid injection in office. Recommended otc xyzal in place of claritin. Continue flonase. D/c mucinex secondary to elevated BP. Follow up as needed.

benzonatate 100 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

Electronically signed by Lindsey Barton, CRNP on 06/25/25 11:28 AM

L. Barton, DNP, CRNP