

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/26/24

PATIENT: SMITH, DERRICK **DOB:** 10/08/1977 **Gender:** MALE **MRN:** 5341 **AGE:** 46 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Ear pain

HISTORY OF PRESENT ILLNESS: Mr. Smith is a 46 yo male here today for right ear pain/ throbbing intermittently since yesterday. He states it started with a headache and then the throbbing of the ear. The headache has since resolved but the earache persists. Denies sore throat, runny nose, congestion, or fever.

VITALS: BP: 143/103 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 85 **BP2:** 124/78 **Large Cuff ; Temp:** 97.8; **Resp:** 18; **Ht:** 69.8 in.; **Wt:** 334.6 lbs.; **BMI:** 48.28; **Pulse Oximetry:** 98%

ALLERGIES: Phenergan; Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension
Singulair 10 mg tablet
Zyrtec 10 mg tablet (1 tablet PO once daily)
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (2 puffs every 4-6 hrs as needed.)
doxepin 25 mg capsule (1 tablet daily)
pantoprazole 40 mg tablet,delayed release (1 tablet daily)

PAST MEDICAL HISTORY: IBS, kidney stones, migraines, bronchitis, seasonal allergies, pneumonia

PAST SURGICAL HISTORY: cholecystectomy, knee surgery, fissure repair.

SOCIAL HISTORY: Works at AUM. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Small amount of clear fluid behind right TM. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

H65.01 - Acute serous otitis media, right ear (PRIMARY).

PLAN:

Continue flonase and zyrtec. Given steroid shot in office. Follow up if no improvement.

Electronically signed by Lindsey Barton, CRNP on 08/27/24 9:17 AM

L. Barton, DNP, CRNP