

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/14/24

PATIENT: GULLEY, DWIGHT **DOB:** 11/09/1973 **Gender:** MALE **MRN:** 5344 **AGE:** 50 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Patient presents to clinic this morning with c/p Sinus pressure with headache, sore throat, and cough which is producing yellow/green sputum. Patient reports he was seen 1/22/24 for similar symptoms. He received steroid pack and Bactrim. He reports the symptoms resolved and he felt "good". However, now symptoms have reoccurred.

VITALS: BP: 153/99 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 83; **Temp:** 96.9; **Resp:** 16; **Ht:** 75 in.; **Wt:** 352 lbs.;
BMI: 43.99; **Pulse Oximetry:** 97%

ALLERGIES: Erythromycin (product)

MEDICATIONS:

Lamictal 100 mg tablet (Dose unknown)
Vraylar 3 mg capsule (Dose unknown)
Wellbutrin SR 100 mg tablet, 12 hr sustained-release (Dose unknown)
hydrochlorothiazide 25 mg tablet (Dose unknown)

PAST MEDICAL HISTORY: Asthma, HTN, GAD, depression, bipolar

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Married. Employed at AUM. Drinks alcohol rarely. Denies smoking or illicit drug use.

FAMILY HISTORY: Father- CAD, HLD, DM, HTN. Mother- depression.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- nasal congestion present - septum- midline; Positive for moderate maxillary sinus tenderness and mild frontal sinus tenderness. Throat- red with post nasal drip noted. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted;

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J01.81 - OTHER ACUTE RECURRENT SINUSITIS (PRIMARY)

PLAN:

BP on arrival was elevated. Patient reports taking bp meds approx 30-45 mins PTA, and taking NyQuil last PM for symptoms. I have explained to patient the effects of decongestants on bp, patient was instructed on OTC medications that are safe with known HTN. Patient verbalized understanding.

Patient was advised to use OTC Flonase as directed. I have instructed patient to return to clinic for reevaluation in 4-5 days if no improvement, sooner if symptoms worsen. Patient verbalized understanding and agreement.

sulfamethoxazole 800 mg-trimethoprim 160 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS X 10 DAYS.

Electronically signed by Joyce Williford, CRNP on 02/14/24 9:14 AM

