

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/26/24

PATIENT: CALDWELL, DESTINI **DOB:** 01/13/1995 **Gender:** FEMALE **MRN:** 5346 **AGE:** 29 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Patient presents to clinic with c/o 3 week history of sinus congestion and cough. Reports this am she woke to "not having a voice". denies throat pain, fever, NDV. She has taken OTC Claritin D and Dayquil with minimal effects.

VITALS: BP: 141/89 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 92; **Temp:** 98.6; **Resp:** 18; **Ht:** 68 in.; **Wt:** 262.7 lbs.; **BMI:** 39.94; **Pulse Oximetry:** 99%; **FDLMP:** 01/02/24

ALLERGIES: Demerol; Dilaudid

MEDICATIONS:

Lexapro 20 mg tablet (daily)

PAST MEDICAL HISTORY: Depression;

PAST SURGICAL HISTORY: Laparotomy;

SOCIAL HISTORY: Does not use tobacco; Does not use recreational drugs; Does not use alcohol;

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Dexamethasone 4mg/ml (1 unit(s)): Injection

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ASSESSMENT:

J04.0 - ACUTE LARYNGITIS (PRIMARY)

J20.9 - Acute bronchitis, unspecified

PLAN:

PATIENT INSTRUCTED TO DISCONTINUE THE CLARITIAN AND DAYQUIL. IM DEXAMETHASONE GIVEN IN OFFICE. WILL SEND PRESCRIPTIONS TO PUBLIX/. . PATIENT WAS INSTRUCTED TO HOLD MEDROL DOSE PAK. I HAVE ADVISED PATIENT TO BEGIN THE MEDROL DOSE PACK IF SYMPTOMS WERE NOT IMPROVED, OR FELT AS IF THEY WERE RETURNING ON MONDAY. PATIENT VERBALIZED UNDERSTANDING AND AGREEMENT TO THIS PLAN.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6-8 HOURS

amoxicillin 875 mg tablet

Refills: 0 Qty: 7 TABLET(S)

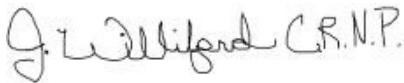
Instructions: TAKE 1 TABLET (875 MG) BY ORAL ROUTE EVERY 12 HOURS X 7 DAYS

methylprednisolone 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKET(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Electronically signed by Joyce Williford, CRNP on 01/26/24 2:20 PM

 J. Williford C.R.N.P.