

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/11/25

PATIENT: CALDWELL, DESTYNE **DOB:** 01/13/1995 **Gender:** FEMALE **MRN:** 5346 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Nausea, vomiting, diarrhea, and severe abdominal pain since Tuesday.

Symptoms: abdominal pain

Location: diffuse

Quality: ache, cramp

Duration: 3-4 days

ModFact: has not tried OTC tx

VITALS: BP: 118/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 108; **Temp:** 96.9; **Resp:** 19; **Ht:** 67 in.; **Wt:** 249.9 lbs.; **BMI:** 39.13; **Pulse Oximetry:** 98%; **FDLMP:** 07/21/25

ALLERGIES: Demerol; Dilaudid; Percocet

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: anxiety, Depression; low back pain

PAST SURGICAL HISTORY: Laparotomy;

SOCIAL HISTORY: Married. Employee at AUM. Does not use tobacco; Does not use recreational drugs; Does not use alcohol;

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/11/25

PATIENT: CALDWELL, DESTYNE **DOB:** 01/13/1995 **Gender:** FEMALE **MRN:** 5346 **AGE:** 30 Years

ORDERS:

UA (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA Rapid Test:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

R11.2 - NAUSEA WITH VOMITING, UNSPECIFIED (PRIMARY)
R11.10 - VOMITING, UNSPECIFIED
R19.7 - DIARRHEA, UNSPECIFIED
K29.70 - Gastritis, unspecified, without bleeding

PLAN:

Has not tried OTC tx
Zofran to pharm.
Advised OTC Pepto versus Imodium.
Encouraged to hydrate, low FODMAP diet discussed.
Pt agrees.
Will call if diarrhea continues, stool sample if it continues.
Vomiting is better and no fever in 48 hours.
Appears viral.

ondansetron 8 mg disintegrating tablet
Refills: 0 Qty: 8 TABLET(S)

Instructions: PLACE 1 TABLET (8 MG) ON TOP OF THE TONGUE WHERE IT WILL DISSOLVE, THEN SWALLOW
BY TRANSLINGUAL ROUTE 2 TIMES PER DAY AS NEEDED FOR NAUSEA AND DIARRHEA

Electronically signed by Maranda Fain, CRNP on 07/11/25 9:22 AM

