

**Auburn Montgomery Warhawk Health Services**

7461 East Dr STE 102  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 08/02/24

**PATIENT:** CALDWELL, DESTINI    **DOB:** 01/13/1995    **Gender:** FEMALE    **MRN:** 5346    **AGE:** 29 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Wants a covid test

**HISTORY OF PRESENT ILLNESS:** Ms. Caldwell is a 29 yo female here today for a non productive cough, sinus pressure, body aches, nasal congestion, and headache since yesterday. Denies fever. She was exposed to COVID over the weekend and wants to make sure she doesn't have COVID. She has not tried any otc meds for relief.

**VITALS:** BP: 124/82    **Site:** RIGHT ARM    **Position:** SITTING    **Pulse:** 83;    **Temp:** 97.5;    **Resp:** 17;    **Ht:** 67 in.;    **Wt:** 259.4 lbs.;    **BMI:** 40.62;    **Pulse Oximetry:** 99%;    **FDLMP:** 07/28/24

**ALLERGIES:** Demerol; Dilaudid

**MEDICATIONS:**

Lexapro 20 mg tablet (daily)

**PAST MEDICAL HISTORY:** Depression;

**PAST SURGICAL HISTORY:** Laparotomy;

**SOCIAL HISTORY:** Employee at AUM. Does not use tobacco; Does not use recreational drugs; Does not use alcohol;

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + bilateral maxillary and frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

**ORDERS:**

INFLUENZA Rapid Test (1 unit(s)): In-House Lab

COVID Rapid Testing (1 unit(s)): In-House Lab

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**RESULTS:**

INFLUENZA Rapid Test:  
Value: Negative

COVID Rapid Testing:  
Value: Negative

**ASSESSMENT:**

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)  
R05.9 - COUGH, UNSPECIFIED  
R51.9 - HEADACHE, UNSPECIFIED  
R09.81 - NASAL CONGESTION

**PLAN:**

Recommended flonase for nasal congestion and tylenol cold and sinus otc or similar for symptom relief. She verbalized understanding. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 08/02/24 12:19 PM

*L. Barton, DNP, CRNP*