

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/19/26

PATIENT: BETZ, DAVID **DOB:** 06/24/1979 **Gender:** MALE **MRN:** 5348 **AGE:** 46 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: healthy tigers follow up due to elevated cholesterol and glucose.

HISTORY OF PRESENT ILLNESS: 46 YO M PTC for f/u on healthy tigers screening, pt noted to have elevated CHO and glucose on screening, pt has h/o DM and CHO, has not had meds in 3 months.

VITALS: BP: 148/95 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 98; **Temp:** 96.4; **Resp:** 16; **Ht:** 73 in.; **Wt:** 219.5 lbs.;
BMI: 28.95; **Pulse Oximetry:** 98%

ALLERGIES: Jardiance (Dizziness); Penicillin (substance)

MEDICATIONS:

Contour Next Glucose Meter kit (Check blood sugars once daily and as needed. Dx E11.9)

Contour Next Test Strips (Check glucose once daily and as needed.)

Lancets, Thin 28 gauge (Check blood sugar once daily and as needed. Dx. E11.9)

atorvastatin 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME)

glipizide ER 5 mg tablet, extended release 24 hr (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY WITH BREAKFAST)

metformin 1,000 mg tablet (TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS)

PAST MEDICAL HISTORY: Diabetes type 2, Hyperlipidemia

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: Works on campus. occasional alcohol use, denies illicit drug use. Ex-smoker Counseled for nutrition. Counseled for physical activity.

FAMILY HISTORY: Mother- heart disease, T2DM. Father- Heart disease, T2DM. Brother- Blood clot, T2DM.

HEALTH MX HISTORY:

Followed by the Montgomery Cancer Center for Leukocytosis.

Hgb A1C 4/1/2025

Microalbumin- 4/1/2025

Foot Exam- 4/1/2025

Eye Exam- few years ago. Unsure of year. Recommended yearly on 4/1/2025.

PSA screening- no family history of prostate cancer will defer until he is 50.

Colon cancer screening- Offered cologuard on 4/1/2025. No family history of colon cancer. He will check with his insurance to see if covered.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

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GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities;

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Venipuncture / blood draw (1 unit(s)): Injection
Hemoglobin A1c (1 unit(s)): LabCorp
CBC With Differential/Platelet (1 unit(s)): LabCorp
Comp. Metabolic Panel (14) (1 unit(s)): LabCorp

ASSESSMENT:

E11.9 - TYPE 2 DIABETES MELLITUS WITHOUT COMPLICATIONS (PRIMARY)
E78.2 - MIXED HYPERLIPIDEMIA

PLAN:

atorvastatin 40 mg tablet
Refills: 3 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME

glipizide ER 5 mg tablet, extended release 24 hr
Refills: 3 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY WITH BREAKFAST

metformin 1,000 mg tablet
Refills: 3 Qty: 180 TABLET(S)
Instructions: TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS

Electronically signed by Breena Till, CRNP on 02/19/26 9:11 AM



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