

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/17/24

PATIENT: BETZ, DAVID **DOB:** 06/24/1979 **Gender:** MALE **MRN:** 5348 **AGE:** 44 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 3 month follow up

HISTORY OF PRESENT ILLNESS: Mr. Betz is a 44 yo male here today for a 3-month diabetes check up. He reports compliance with metformin and atorvastatin. Denies any issues with side effects. His A1C today is 8.7%. In February was 9.4%. He has no complaints today.

VITALS: BP: 139/84 **Pulse:** 96; **Temp:** 97.1; **Resp:** 16; **Ht:** 69.9 in.; **Wt:** 208.3 lbs.; **BMI:** 29.97; **Pulse Oximetry:** 98%

ALLERGIES: Penicillin (substance)

MEDICATIONS:

Contour Next Glucose Meter kit (Check blood sugars once daily and as needed. Dx E11.9)

Contour Next Test Strips (Check glucose once daily and as needed.)

Lancets, Thin 28 gauge (Check blood sugar once daily and as needed. Dx. E11.9)

atorvastatin 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY at bedtime)

metformin 1,000 mg tablet (TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS)

PAST MEDICAL HISTORY: Diabetes type 2, Hyperlipidemia

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: Works on campus. Smokes 3/4 pack per day, occasional alcohol use, denies illicit drug use.

FAMILY HISTORY: Mother- heart disease, T2DM. Father- Heart disease, T2DM. Brother- Blood clot, T2DM.

HEALTH MX HISTORY:

Followed by the Montgomery Cancer Center for Leukocytosis.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

E11.9 - TYPE 2 DIABETES MELLITUS WITHOUT COMPLICATIONS (PRIMARY)
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED

PLAN:

Labs reviewed. Start jardiance in addition to metformin. Continue atorvastatin. Follow up in 3 months for A1C, CMP, and fasting lipid panel.

metformin 1,000 mg tablet

Refills: 0 Qty: 180 TABLET(S)

Instructions: TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS

Jardiance 10 mg tablet

Refills: 0 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING for diabetes

Electronically signed by Lindsey Barton, CRNP on 06/17/24 11:04 AM

L. Barton, DNP, CRNP