

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/01/25

PATIENT: BETZ, DAVID **DOB:** 06/24/1979 **Gender:** MALE **MRN:** 5348 **AGE:** 46 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 3 month follow up

HISTORY OF PRESENT ILLNESS: Mr. Betz is a 46 yo male here today for 3-month diabetic follow up. He is taking metformin and atorvastatin currently due to financial situation with not being able to afford his other medications right now. He has no complaints otherwise.

VITALS: BP: 120/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 90; **Temp:** 6.3; **Resp:** 15; **Ht:** 71 in.; **Wt:** 218.5 lbs.;
BMI: 30.47; **Pulse Oximetry:** 98%

ALLERGIES: Jardiance (Dizziness); Penicillin (substance)

MEDICATIONS:

Contour Next Glucose Meter kit (Check blood sugars once daily and as needed. Dx E11.9)

Contour Next Test Strips (Check glucose once daily and as needed.)

Januvia 100 mg tablet (TAKE 1 TABLET (100 MG) BY ORAL ROUTE ONCE DAILY)

Lancets, Thin 28 gauge (Check blood sugar once daily and as needed. Dx. E11.9)

atorvastatin 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME)

glipizide ER 5 mg tablet, extended release 24 hr (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY WITH BREAKFAST)

metformin 1,000 mg tablet (TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS)

PAST MEDICAL HISTORY: Diabetes type 2, Hyperlipidemia

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: Works on campus. Smokes 3/4 pack per day but quit a couple months ago, occasional alcohol use, denies illicit drug use.

FAMILY HISTORY: Mother- heart disease, T2DM. Father- Heart disease, T2DM. Brother- Blood clot, T2DM.

HEALTH MX HISTORY:

Followed by the Montgomery Cancer Center for Leukocytosis.

Hgb A1C 4/1/2025

Microalbumin- 4/1/2025

Foot Exam- 4/1/2025

Eye Exam- few years ago. Unsure of year. Recommended yearly on 4/1/2025.

PSA screening- no family history of prostate cancer will defer until he is 50.

Colon cancer screening- Offered cologuard on 4/1/2025. No family history of colon cancer. He will check with his insurance to see if covered.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

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PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Hemoglobin A1c (1 unit(s)): LabCorp
Basic Metabolic Panel (8) (1 unit(s)): LabCorp

ASSESSMENT:

E11.9 - TYPE 2 DIABETES MELLITUS WITHOUT COMPLICATIONS (PRIMARY)
E78.5 - Hyperlipidemia, unspecified

PLAN:

Follow up with lab results. Continue metformin and atorvastatin for now. Encouraged him to restart his other medications once he is able to afford them.

atorvastatin 40 mg tablet
Refills: 0 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME

Electronically signed by Lindsey Barton, CRNP on 07/01/25 9:27 AM

L. Barton, DNP, CRNP