

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/17/24

PATIENT: BETZ, DAVID **DOB:** 06/24/1979 **Gender:** MALE **MRN:** 5348 **AGE:** 45 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 3 month follow up

HISTORY OF PRESENT ILLNESS: Mr. Betz is a 45 yo male here today for 3- month diabetes follow up. He was started on Jardiance at his last visit. He took it for 3 days but was very dizzy to the point he couldn't come to work so he stopped taking it and the symptoms resolved. He needs a refill of metformin and atorvastatin. He is down 10 lbs since January. He has no complaints today and is fasting for his labs.

VITALS: BP: 127/86 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 96.3; **Resp:** 16; **Ht:** 73 in.; **Wt:** 199.6 lbs.; **BMI:** 26.33; **Pulse Oximetry:** 98%

ALLERGIES: Jardiance (Dizziness); Penicillin (substance)

MEDICATIONS:

Contour Next Glucose Meter kit (Check blood sugars once daily and as needed. Dx E11.9)

Contour Next Test Strips (Check glucose once daily and as needed.)

Lancets, Thin 28 gauge (Check blood sugar once daily and as needed. Dx. E11.9)

atorvastatin 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY at bedtime)

metformin 1,000 mg tablet (TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS)

PAST MEDICAL HISTORY: Diabetes type 2, Hyperlipidemia

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: Works on campus. Smokes 3/4 pack per day but quit a couple months ago, occasional alcohol use, denies illicit drug use.

FAMILY HISTORY: Mother- heart disease, T2DM. Father- Heart disease, T2DM. Brother- Blood clot, T2DM.

HEALTH MX HISTORY:

Followed by the Montgomery Cancer Center for Leukocytosis.

Hgb A1C 9/2024

Microalbumin- Feb 2024

Foot Exam- Feb 2024

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics

LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

E11.9 - Type 2 diabetes mellitus without complications (PRIMARY).

E78.5 - Hyperlipidemia, unspecified.

PLAN:

Recheck labs. Recommended yearly eye exam. Continue metformin and atorvastatin. Follow up in 3 months for recheck.

atorvastatin 40 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME

metformin 1,000 mg tablet

Refills: 1 Qty: 180 TABLET(S)

Instructions: TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS

Electronically signed by Lindsey Barton, CRNP on 09/17/24 10:32 AM

L. Barton, DNP, CRNP