

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/17/24

PATIENT: BETZ, DAVID **DOB:** 06/24/1979 **Gender:** MALE **MRN:** 5348 **AGE:** 45 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 3 month follow up- no concerns voices

HISTORY OF PRESENT ILLNESS: Mr. Betz is a 45 yo male here today for 3-month diabetes follow up. He denies any complaints today and reports compliance with his medications.

VITALS: BP: 137/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 85; **Temp:** 97.4; **Resp:** 16; **Ht:** 71 in.; **Wt:** 216 lbs.;
BMI: 30.12; **Pulse Oximetry:** 98%

ALLERGIES: Jardiance (Dizziness); Penicillin (substance)

MEDICATIONS:

Contour Next Glucose Meter kit (Check blood sugars once daily and as needed. Dx E11.9)
Contour Next Test Strips (Check glucose once daily and as needed.)
Januvia 100 mg tablet (TAKE 1 TABLET (100 MG) BY ORAL ROUTE ONCE DAILY)
Lancets, Thin 28 gauge (Check blood sugar once daily and as needed. Dx. E11.9)
atorvastatin 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME)
metformin 1,000 mg tablet (TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS)

PAST MEDICAL HISTORY: Diabetes type 2, Hyperlipidemia

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: Works on campus. Smokes 3/4 pack per day but quit a couple months ago, occasional alcohol use, denies illicit drug use.

FAMILY HISTORY: Mother- heart disease, T2DM. Father- Heart disease, T2DM. Brother- Blood clot, T2DM.

HEALTH MX HISTORY:

Followed by the Montgomery Cancer Center for Leukocytosis.

Hgb A1C 9/2024
Microalbumin- Feb 2024
Foot Exam- Feb 2024

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Immunization Injection Administration (1 unit(s)): Injection
Influenza virus vaccine (1 unit(s)): Immunizations
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics
BASIC METABOLIC PANEL (1 unit(s)): Quest Diagnostics

RESULTS:

Influenza virus vaccine:
Site Given: Right Deltoid
Dosage Given: 0.5 milliliter(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

E11.9 - Type 2 diabetes mellitus without complications (PRIMARY).
E78.5 - Hyperlipidemia, unspecified.
Z23 - Encounter for immunization.

PLAN:

Follow up with lab results. Will adjust medications pending results. Follow up in 3 months for recheck.

Januvia 100 mg tablet
Refills: 0 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (100 MG) BY ORAL ROUTE ONCE DAILY

metformin 1,000 mg tablet
Refills: 0 Qty: 180 TABLET(S)
Instructions: TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS

atorvastatin 40 mg tablet
Refills: 0 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME

Electronically signed by Lindsey Barton, CRNP on 12/18/24 1:08 PM

L. Barton, DNP, CRNP

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