

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/04/19

PATIENT: HUANG, SIQI **DOB:** 09/18/1997 **Gender:** **MRN:** 534 **AGE:** 21 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Low back pain

Symptoms: Started on Thursday. Low back pain and (R) thigh pain. Denies any known injury. Hurts more to bend over and to sit. Denies any pain with urination.

ModFact: Has not taken any medications for pain.

FDLMP: 02/04/19

PAST MEDICAL HISTORY: Was hospitalized one time because period was late. Wears glasses.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Positive for sexual activity; using condoms for protection. Denies using any drugs or tobacco products.

FAMILY HISTORY: Parents are still living and are 47 years of age. Denies any family health problems.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: Patient is positive for: Pain in left lower back with bending and changing positions.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Sinus nontender;

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR;

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RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

MUSCULOSKELETAL: Pulses equal and bilaterally symmetric; No clubbing, cyanosis, or edema; No CVA tenderness. Slight pain produced with palpation of left lower back. Straight leg raise negative. Pain produced with bending forward.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ASSESSMENT:

M54.5 - Low back pain (PRIMARY)

PLAN:

ibuprofen 600 mg tablet

Refills: 0 Qty: 60 TABLET(S)

Instructions: TAKE 1 TABLET (600 MG) BY ORAL ROUTE 3 TIMES PER DAY WITH FOOD

Apply cold compresses to area at least three times a day.

If symptoms not resolving, RTC.

Electronically signed by Carol Stewart, NP on 02/04/19 2:17 PM