

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/01/24

PATIENT: SMITH, HOLLY **DOB:** 03/21/1981 **Gender:** FEMALE **MRN:** 5352 **AGE:** 43 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Dry Cough

HISTORY OF PRESENT ILLNESS: Mrs. Smith is a 43 yo female here today for a dry cough for the past 2 weeks that is worse at night. She states she has this happen about once a year. She normally takes tessalon perrles for it but she has ran out. Associated with sore throat and throat feels irritated and swollen and intermittent runny nose. Denies fever.

VITALS: BP: 128/86 **Pulse:** 84; **Temp:** 98; **Resp:** 16; **Ht:** 65 in.; **Wt:** 185.6 lbs.; **BMI:** 30.88; **Pulse Oximetry:** 99%;
FDLMP: 06/20/24

ALLERGIES: Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

Iron (ferrous sulfate) 325 mg (65 mg iron) tablet
hydrochlorothiazide 12.5 mg capsule (daily)

PAST MEDICAL HISTORY: Menieres disease, gestational diabetes (has A1C checked twice a year due to frequent fluctuations in A1C since this diagnosis), borderline elevated cholesterol; she takes potassium and iron supplements due to her diuretic usage.

PAST SURGICAL HISTORY: Breast reduction 2006, C-section 2010

SOCIAL HISTORY: denies alcohol, tobacco, and illicit drug use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. + thick, clear sputum in back of oropharynx. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

R05.9 - Cough, unspecified (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R09.82 - POSTNASAL DRIP

PLAN:

Rx as per below. Follow up as needed.

benzonatate 100 mg capsule
Refills: 0 Qty: 20 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

Electronically signed by Lindsey Barton, CRNP on 07/02/24 3:12 PM

L. Barton, DNP, CRNP