

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/28/24

PATIENT: BARLOW, BENJAMIN **DOB:** 08/06/1978 **Gender:** MALE **MRN:** 5354 **AGE:** 45 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: headache, sinus pressure, cough

HISTORY OF PRESENT ILLNESS: Mr. Barlow is a 45 yo male here today for sinus pressure, drainage (green/yellow/brown), cough, headache, and sore throat since last Friday. Denies fever. He has tried otc tylenol cold and flu and ibuprofen with little relief.

VITALS: BP: 155/95 **Pulse:** 54; **Temp:** 97.8; **Resp:** 20; **Ht:** 70 in.; **Wt:** 214.1 lbs.; **BMI:** 30.71; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married. Works on campus at AUM. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

INFLUENZA (1 unit(s)): In-House Lab

Abbott COVID Rapid Test (1 unit(s)): In-House Lab

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection

Rocephin 1G (1 unit(s)): Injection

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Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Positive
Comment: A +

B negative

Abbott COVID Rapid Test:
Value: Negative

Rocephin 1G:
Site Given: Left Ventragluteal
Dosage Given: 1 gram(s)
Administered By: Barton, Lindsey - CRNP

Dexamethasone 4mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)
J10.1 - FLU D/T OTH IDENT FLU VIRUS W OTH RESP MANIFEST
R05.9 - COUGH, UNSPECIFIED

PLAN:

He is out of the window for tamiflu. He does have acute sinusitis on top of his viral infection. Rx as per below. His BP is elevated today with no history of HTN. Recommended he recheck at Walmart or he can stop by for a BP recheck at anytime. Follow up as needed.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS as needed for cough/congestion

Bactrim DS 800 mg-160 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

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Electronically signed by Lindsey Barton, CRNP on 03/28/24 1:18 PM

L Barton, CRNP