

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/03/24

PATIENT: MULDER, ANN **DOB:** 08/02/1956 **Gender:** FEMALE **MRN:** 5366 **AGE:** 67 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat, headache, cough, nasal congestion, and exposure to COVID last week.

HISTORY OF PRESENT ILLNESS: Ms. Mulder is a 67 yo female here today for nasal congestion, sore throat, headache, productive cough since last week. She was exposed to COVID last week as well. She was seen at urgent care and prescribed doxycycline for sinus infection, but she doesn't feel any better. The Dean she works for wanted her tested for covid before she returned back to work. Denies fever.

She was a long term smoker. She quit 2 years ago. She states she has a chronic cough but this cough in the past week has been worse. She reports her doctor tested her for COPD and she was told she didn't have it.

VITALS: BP: 144/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 89; **Temp:** 99.5; **Resp:** 18; **Ht:** 63.5 in.; **Wt:** 148 lbs.;
BMI: 25.8; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

benzonatate 200 mg capsule
doxycycline hyclate 100 mg capsule (TAKE 1 CAPSULE BY MOUTH TWICE DAILY FOR 10 DAYS)
escitalopram 10 mg tablet (TAKE 1 AND 1/2 TABLETS BY MOUTH DAILY)
estradiol 0.01% (0.1 mg/gram) vaginal cream (INSERT 1 GRAM VAGINALLY 3 TIMES WEEKLY)
fluticasone propionate 50 mcg/actuation nasal spray,suspension (SHAKE LIQUID AND USE 1 SPRAY IN EACH NOSTRIL TWICE DAILY FOR 14 DAYS)
losartan 100 mg-hydrochlorothiazide 25 mg tablet
mupirocin 2 % topical ointment
naproxen 500 mg tablet
oxybutynin chloride ER 15 mg tablet,extended release 24 hr
potassium chloride ER 20 mEq tablet,extended release(part/cryst)
pravastatin 10 mg tablet (TAKE 1 TABLET BY MOUTH EVERY NIGHT AT BEDTIME)

PAST MEDICAL HISTORY: Hearing loss, bronchitis, HTN, HLD, psoriasis

PAST SURGICAL HISTORY: Thermachoice surgery, back surgery 1986, cholecystectomy

SOCIAL HISTORY: Widowed. Has a daughter. Works at AUM. Quit smoking in 2022. Drinks alcohol socially. Denies illicit drug use.

FAMILY HISTORY: Father- HTN, CVA, HLD. Mother- HTN, HLD. Sister, HTN.

HEALTH MX HISTORY:

PCP: Dr. Rocky Lyons

Cologuard- Results and year occurred unknown.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

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PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally with occasional inspiratory wheeze. No rales or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Positive

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)
J20.9 - Acute bronchitis, unspecified
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R05.9 - COUGH, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED

PLAN:

Rx as per below. Follow up as needed.

Also offered low dose CT screening for lung cancer but she declined.

Excuse

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Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 UNIT(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

levalbuterol HFA 45 mcg/actuation aerosol inhaler

Refills: 0 Qty: 1 UNIT(S)

Instructions: INHALE 2 PUFFS (90 MCG) BY INHALATION ROUTE EVERY 6 HOURS as needed for cough/sob/wheezing

Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler

Refills: 0 Qty: 1 UNIT(S)

Instructions: INHALE 2 PUFFS BY INHALATION ROUTE 2 TIMES PER DAY IN THE MORNING ANDEVENING (disp 1 inhaler)

Electronically signed by Lindsey Barton, CRNP on 06/04/24 10:07 AM

L. Barton, DNP, CRNP