

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 04/10/18

PATIENT: VANFLEET, CHRISTOPHER **DOB:** 12/10/1979 **Gender:** MALE **MRN:** 537 **AGE:** 38 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: URI

Symptoms: Sinus symptoms for a week. Nasal irritation, mixture of drainage and congested (particularly at night). (R) side seems more involved. Drainage is clear. No fever. Had HAS initially.

Duration: 1 week

ModFact: Has been taking Sinex. Also takes a medication for pain management of back. Reports nose bleed x 1 last week, none since that time.

VITALS: BP: 141/99 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 101 **BP2:** 130/80 **Site2:** LEFT ARM **Position2:** SITTING; **Temp:** 98; **Ht:** 70.9 in.; **Wt:** 249.2 lbs.; **BMI:** 34.85

ALLERGIES: Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

tramadol ER 200 mg capsule 24h,extended release(25-75)
triamterene 75 mg-hydrochlorothiazide 50 mg tablet

PAST MEDICAL HISTORY: Hx of back pain and HTN.

FAMILY HISTORY: Patient has no known family history.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever,

ENMT: Patient is positive for: congestion, Nose Bleeds,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; Membranes moist;

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Clear rhinorrhea; Bilateral Turbinate Hypertrophy

THROAT: Throat red; Posterior Nasal Drainage;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

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J30.9 - ALLERGIC RHINITIS, UNSPECIFIED (PRIMARY)

PLAN:

fluticasone 50 mcg/actuation nasal spray,suspension

Refills: 0 Qty: 1 BOTTLE(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE

Allergic rhinitis information sheet provided to patient.

RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 04/10/18 2:22 PM