

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/24/25

PATIENT: ROY, BARBARA **DOB:** 08/27/1958 **Gender:** FEMALE **MRN:** 5384 **AGE:** 66 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: fever, cough, nasal congestion/runny nose, chest congestion, headache, and nausea that started Monday night

HISTORY OF PRESENT ILLNESS: Ms. Roy is a 66 yo female here today for fever, cough, nasal congestion and chest congestion, headache, chills, and nausea since Monday.

VITALS: BP: 138/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 70; **Temp:** 97.6; **Resp:** 16; **Ht:** 62 in.; **Wt:** 149.4 lbs.;
BMI: 27.32

ALLERGIES: Codeine (product); Penicillin (substance)

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Diverticulosis

PAST SURGICAL HISTORY: Hysterectomy, appendectomy

SOCIAL HISTORY: Drinks alcohol socially, Denies smoking or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

Colonoscopy < 10 years ago. Reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA Rapid Test:

Value: Positive

Comment: Flu A +

Flu B -

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)

R05.9 - COUGH, UNSPECIFIED

R50.9 - FEVER, UNSPECIFIED

PLAN:

She is Flu A positive. Her symptoms are starting to improve and she is outside the window for treatment with tamiflu.

Recommended she continue otc meds for symptomatic relief like robatussin cold and cough or similar.

Recommended she take today off to recover. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 01/24/25 1:19 PM

L. Barton, DNP, CRNP