

ROY, Mike (Legal name: Michael Roy) | (id #500998, dob: 04/23/1946)

THE JACKSON CLINIC

Date: 01/22/2026

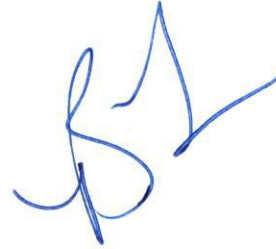
RE: Michael Roy, DOB: 04/23/1946, PT ID #500998

Dear Lindsey Barton CRNP,

I would like to thank you for referring Michael Roy to our practice for consultation and evaluation on 01/20/2026. I have enclosed a copy of the office evaluation for your records. Once again, thank you for allowing me to participate in the care of this patient.

Sincerely,

Electronically Signed by: HIMANSHU AGGARWAL, MD

01/22/2026 08:08 AM * 01/22/2026 *

Himanshu Aggarwal MD, MS, FPMRS
Urologist and Urogynecologist/Female Pelvic Medicine & Reconstructive Surgery
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ENCOUNTER REASON/DATE

lower urinary tract symptoms due to benign prostatic hypertrophy
prostate specific antigen above reference range
Elevated serum creatinine
01/20/2026 - 08:30AM - JUG Jackson Urogynecology

PROBLEMS:

Reviewed Problems

ALLERGIES:

Reviewed Allergies

CODEINE

MEDICATIONS:

Reviewed Medications

Eliquis 5 mg tablet TAKE ONE TABLET BY MOUTH TWICE A DAY

12/07/25 filled

ROY, Mike (Legal name: Michael Roy) | (id #500998, dob: 04/23/1946)**finasteride 5 mg tablet**

01/20/26 prescribed

Take 1 tablet(s) every day by oral route for 90 days.

Flomax 0.4 mg capsule

Take 1 capsule(s) every day by oral route. 01/20/26 prescribed

FAMILY HISTORY:

Reviewed Family History

Brother - Malignant neoplastic disease
- Malignant neoplastic disease
Father - Malignant neoplastic disease

SOCIAL HISTORY:

Reviewed Social History

Public Health and Travel

Have you been to an area known to be high risk for COVID-19?: No

Substance Use

Do you or have you ever smoked tobacco?: Former smoker

How many years have you smoked tobacco?: 30

At what age did you start smoking tobacco?: 13

How much tobacco do you smoke?: 1/2 pack per day

Do you or have you ever used any other forms of tobacco or nicotine?: No

What is your level of alcohol consumption?: Moderate

Do you use any illicit or recreational drugs?: No

What is your level of caffeine consumption?: Moderate

Activities of Daily Living

Are you blind or do you have difficulty seeing?: Yes

Are you deaf or do you have serious difficulty hearing? : Yes

Lifestyle

Do you feel stressed (tense, restless, nervous, or anxious, or unable to sleep at night)? : Not at all

Relationships and Sexuality

Are you sexually active?: No

Gender Identity and LGBTQ Identity

Assigned sex at birth: Unknown

First name used: MIKE

SURGICAL HISTORY

Reviewed Surgical & Procedure History

- Procedure on gallbladder

ADDITIONAL HISTORY

None recorded

HISTORY OF PRESENT ILLNESS:

None recorded

REVIEW OF SYSTEMS:PHYSICAL EXAM

None recorded

PROCEDURE DOCUMENTATION

None recorded

ASSESSMENT/PLAN

ROY, Mike (Legal name: Michael Roy) | (id #500998, dob: 04/23/1946)

79 year old male presented with complaints of elevated PSA. His PSA was 5.54 on 7/26/24. he denies previous history of elevated PSA. He denies personal and family history of GU malignancies.

He reports occasional urinary frequency, nocturia times 2-3, urgency, hesitancy. She denies dysuria, UTIs, hematuria, recent history of kidney stones.

He had a cholecystectomy.

He denies difficulty with erections.

No cardiologist. He takes 81 mg aspirin. He was on Eliquis but states it was discontinued. He reports history of factor V deficiency and DVT. He follows with Dr. Nimmagadda.

He is a former smoker. He is retired.

DRE: enlarged, smooth

9/6/24: No new issues

He is taking Flomax

He had a PSA done 8/9/24: 5.9

He had a Urocuff done 8/21/24 504 ml, HPHF, 5 ml

He does have some LUTS.

12/2/25: no new issues

He is not taking Finasteride.

10/13/2025: PSA 8.0, creatinine 1.3, GFR 28

Renal ultrasound 10/13/2025: 2.5 cm left cyst.

Complains of frequency, incomplete emptying of the bladder, double voiding.

1/20/26: no new issues

MRI 1/7/26: PIRADS-2, 90cc

He is not taking Finasteride

He complains of hesitancy and incomplete emptying of the bladder.

Location: GU tract

Quality: dull

Severity: Moderate

Duration: Since last visit

Associated signs/symptoms: none

ROS:

General/constitutional: No change in appetite, No chills

Respiratory: No cough or shortness of breath

Cardiovascular: No chest pain, no palpitations

Gastrointestinal: No diarrhea, No blood in the stool

Physical exam:

Eyes: Sclera anicteric, Conjunctiva: Moist

Gastrointestinal: Abdomen: soft, Not distended

Respiratory: Respiration is even and unlabored, Symmetric expansion of the chest

Cardiovascular: No tenderness, no edema, Normal cardiac sounds

Genitourinary: Kidneys not palpable, Bladder not palpable

1. Lower urinary tract symptoms due to benign prostatic hypertrophy -

Start Flomax and finasteride 01/20/2026

N40.1: Benign prostatic hyperplasia with lower urinary tract symptoms

2. Prostate specific antigen above reference range -

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PSA 7/26/24: 5.54

repeat PSA: 5.9

PSA 10/13/2025: 8.1.

MRI 1/7/26: PIRADS-2, 90cc

Repeat PSA and follow up in 6 months (7/26)

R97.20: Elevated prostate specific antigen [PSA]

3. Elevated serum creatinine

10/03/2025: Creatinine 2.4

10/13/2025: Creatinine 1.3

Not a candidate for gentamicin

Referred to Nephrology

R79.89: Other specified abnormal findings of blood chemistry

Return to Office

- Himanshu Aggarwal, MD for Lab at JUG Jackson Urogynecology on 07/22/2026 at 08:45 AM
- to see Himanshu Aggarwal, MD for PSA, SERUM OR PLASMA (RTO Orders) at JUG Jackson Urogynecology on or around 07/28/2026
- Himanshu Aggarwal, MD for Follow-Up 15 at JUG Jackson Urogynecology on 07/28/2026 at 08:45 AM