



CONFIDENTIAL Fax

FROM:

ANDREA LOWERY, CRNP
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TO:

LINDSEY BARTON CRNP
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[ID:27406125-H-9186]

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ROY, Mike (Legal name: Michael Roy) | (id #500998, dob: 04/23/1946)

JACKSON HOSPITAL & CLINIC, INC.
1722 Pine St Suite 503
MONTGOMERY, AL 36106-1160
Phone: (334) 293-8273
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Encounter Summary - Progress Note
Date Printed: 08/13/2024

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Patient	Roy, Michael (78yo, M) #500998
DOB	04/23/1946

Patient Demographics:

Address	174 Northlake St Pike Road, AL 36064	Home Phone	(251) 327-7974
		Work Phone	

Encounter Notes:

Encounter Reason/Date	Urogyn male New Elevated PSA 08/09/2024 - 08:45AM - JUG Jackson Urogynecology					
History of Present Illness	None recorded					
Review of Systems	Patient reports vision change but reports no dry eyes and no irritation. He reports difficulty hearing but reports no ear pain. He reports snoring but reports no sore throat, no bleeding gums, no dry mouth, no mouth ulcers, and no teeth problems. He reports shortness of breath but reports no cough, no wheezing, no coughing up blood, and no sleep apnea. Genitourinary: as per hpi . He reports dizziness but reports no loss of consciousness, no weakness, no numbness, no seizures, and no headaches. He reports no fever, no chills, no night sweats, no headaches, no significant weight gain, no significant weight loss, and no exercise intolerance. He reports no frequent nosebleeds, no nose problems, and no sinus problems. He reports no chest pain, no arm pain on exertion, no shortness of breath when walking, no shortness of breath when lying down, no palpitations, no known heart murmur, and no edema. He reports no abdominal pain, no nausea, no vomiting, normal appetite, no constipation, no diarrhea, not vomiting blood, no dyspepsia, no GERD, no hematochezia, and no melena. He reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, and no swelling in the extremities. He reports no abnormal mole, no jaundice, no rashes, and no laceration. He reports no depression, no anxiety, no sleep disturbances, feeling safe in a relationship, and no alcohol abuse. He reports no fatigue. He reports no runny nose, no sinus pressure, no itching, no hives, and no frequent sneezing.					
Vitals	Ht: 5 ft 8 in 08/09/2024 09:12 am		Wt: 170 lbs 08/09/2024 09:12 am		BP: 143/79 08/09/2024 09:12 am	
	BMI: 25.8 08/09/2024 09:12 am		Pain Scale: 0 08/09/2024 09:12 am		Pulse: 68 bpm 08/09/2024 09:13 am	

ROY, Mike (Legal name: Michael Roy) | (id #500998, dob: 04/23/1946)

	T: 98 F° 08/09/2024 09:12 am				
Results/Interpretations	None recorded				
Physical Exam	General Appearance/Constitutional: Well-built and well-developed, well-nourished, alert and oriented Eyes: Sclera anicteric, Conjunctiva moist, No obvious lesions of eyelids. Ears/Nose/Mouth and Throat: Normocephalic and atraumatic, nares patent, no nasal discharge, normal ears, moist mucous membranes. Cardiovascular: Regular rate and rhythm, no varicosities, no tenderness. Respiratory: Respiration is even and unlabored, Symmetric expansion of the chest Gastrointestinal: Abdomen soft, non-distended, non-tender, no masses Genitourinary: Kidneys non-palpable, no costo-vertebral angle tenderness, bladder not palpable, no bladder tenderness. Musculoskeletal: No clubbing cyanosis or edema, No obvious joint swelling or tenderness]. Skin: Good turgor, no bruises, no petechiae, no rashes. Neurological: Normal coordination, equal movements in upper extremities Psych: Normal mood and affect, oriented to time place and person. Lymphatics: No obvious lymphadenopathy on palpation of lymph nodes, no obvious drainage from the lymph nodes Data: 1. Labs: Reviewed, Ordered				

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Assessment and Plan	Consultation requested by Lindsey Barton, CRNP for elevated PSA and my recommendations will be shared by electronic medical records and/or fax. 78 year old male presented with complaints of elevated PSA. His PSA was 5.54 on 7/26/24. he denies previous history of elevated PSA. He denies personal and family history of GU malignancies. He reports occasional urinary frequency, nocturia times 2-3, urgency, hesitancy. She denies dysuria, UTIs, hematuria, recent history of kidney stones. He had a cholecystectomy. He denies difficulty with erections. No cardiologist. He takes 81 mg aspirin. He was on Eliquis but states it was discontinued. He reports history of factor V deficiency and DVT. He follows with Dr. Nimmagadda. He is a former smoker. He is retired. DRE: enlarged, smooth Duration: Unknown Location: GU Tract Severity: moderate Modifying factors: Nothing makes it better or worse. Associated signs and symptoms: Anxiety, decreased quality of life Reviewed records from outside hospital and summarized as in HPI 1. Lower urinary tract symptoms due to benign prostatic hypertrophy - Urocuff for bladder outlet obstruction/PVR Discussed flomax; he would like to wait for now. N40.1: Benign prostatic hyperplasia with lower urinary tract symptoms 2. Prostate specific antigen above reference range - PSA 7/26/24: 5.54 The patient and his family was informed that the PSA (prostate specific antigen) is a blood test that can be elevated with prostate enlargement, infection, or cancer. The patient was also instructed to obtain old PSA's he may have had in the past. Additionally, he was informed that not all prostate cancers need to be treated, but this could not be determined until the results of a prostate biopsy were obtained. He was reassured that an elevated PSA does not mean cancer and that he was not at risk for life threatening problems or death. It was explained that a repeat PSA, a free and total PSA will be done to confirm. All questions were answered. Patient wants to proceed with: Repeat PSA and follow-up R97.20: Elevated prostate specific antigen [PSA] Return to Office • Himanshu Aggarwal, MD for Urocuff at JUG Jackson Urogynecology on 08/21/2024 at 09:15 AM • Himanshu Aggarwal, MD for Follow-Up 15 at JUG Jackson Urogynecology on 08/27/2024 at 09:45 AM
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Patient Medical History:

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Allergies List	Reviewed Allergies	
	CODEINE	
Medications	Reviewed Medications	
	Adult Aspirin Regimen 81 mg tablet,delayed release Take 1 tablet(s) every day by oral route.	08/13/24 entered
	amLODIPine 10 mg tablet TAKE 1 TABLET BY MOUTH EVERY DAY	07/23/24 filled
	atorvastatin 40 mg tablet TAKE 1 TABLET BY MOUTH EVERY NIGHT AT BEDTIME	07/23/24 filled
Family History	Reviewed Family History	
	Brother	- Malignant neoplastic disease
		- Malignant neoplastic disease
	Father	- Malignant neoplastic disease
Past Medical History	Reviewed Past Medical History	
	Hematologic Disease: Y Hypertension: Y	
Vaccine History	None recorded	

Electronically Signed by: ANDREA LOWERY, CRNP

Andrea Lowery CRNP

08/13/2024 03:56 PM * 08/13/2024 *

*8/13/24
Reviewed
J. Hinton, CRNP*