



# CONFIDENTIAL Fax

**FROM:**

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**TO:**

LINDSEY BARTON CRNP  
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[ID:27703447-H-9186]

# THE JACKSON CLINIC

Date: 09/07/2024

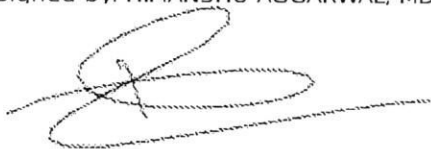
RE: Michael Roy, DOB: 04/23/1946, PT ID #500998

Dear Lindsey Barton CRNP,

I would like to thank you for referring Michael Roy to our practice for consultation and evaluation on 09/06/2024. I have enclosed a copy of the office evaluation for your records. Once again, thank you for allowing me to participate in the care of this patient.

Sincerely,

Electronically Signed by: HIMANSHU AGGARWAL, MD



09/07/2024 08:54 PM \* 09/07/2024 \*

Himanshu Aggarwal MD, MS, FPMRS  
Urologist and Urogynecologist/Female Pelvic Medicine & Reconstructive Surgery  
Chief of Urogynecology and Reconstructive Urology  
Director of Comprehensive Pelvic Floor Center  
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Ph: 334-293-8273, Fax: 334-293-8271

ENCOUNTER REASON/DATE

lower urinary tract symptoms due to benign prostatic hypertrophy  
prostate specific antigen above reference range  
09/06/2024 - 08:30AM - JUG Jackson Urogynecology

PROBLEMS:

Reviewed Problems

ALLERGIES:

Reviewed Allergies

**CODEINE**

MEDICATIONS:

Medications not reviewed (last reviewed 08/21/2024)

|                                                                                                        |                  |
|--------------------------------------------------------------------------------------------------------|------------------|
| <b>Adult Aspirin Regimen 81 mg tablet,delayed release</b><br>Take 1 tablet(s) every day by oral route. | 08/13/24 entered |
| <b>amLODIPine 10 mg tablet</b> TAKE 1 TABLET BY MOUTH EVERY DAY                                        | 07/23/24 filled  |

ROY, Mike (Legal name: Michael Roy) | (id #500998, dob: 04/23/1946)

|                           |                                               |          |            |
|---------------------------|-----------------------------------------------|----------|------------|
| atorvastatin 40 mg tablet | TAKE 1 TABLET BY MOUTH EVERY NIGHT AT BEDTIME | 07/23/24 | filled     |
| finasteride 5 mg tablet   | Take 1 tablet(s) every day by oral route.     | 09/06/24 | prescribed |

FAMILY HISTORY:

Family History not reviewed (last reviewed 08/21/2024)  
Brother - Malignant neoplastic disease  
- Malignant neoplastic disease  
Father - Malignant neoplastic disease

SOCIAL HISTORY:

Social History not reviewed (last reviewed 08/21/2024)  
**Substance Use**  
Do you or have you ever smoked tobacco?: Former smoker  
What is your level of alcohol consumption?: Moderate  
What is your level of caffeine consumption?: Moderate  
**Gender Identity and LGBTQ Identity**  
First name used: MIKE

SURGICAL HISTORY

Surgical History not reviewed (last reviewed 08/21/2024)  
• Procedure on gallbladder

ADDITIONAL HISTORY

None recorded

HISTORY OF PRESENT ILLNESS:

None recorded

REVIEW OF SYSTEMS:

None recorded

PHYSICAL EXAM

None recorded

PROCEDURE DOCUMENTATION

None recorded

ASSESSMENT/PLAN

78 year old male presented with complaints of elevated PSA. His PSA was 5.54 on 7/26/24. he denies previous history of elevated PSA. He denies personal and family history of GU malignancies.

He reports occasional urinary frequency, nocturia times 2-3, urgency, hesitancy. She denies dysuria, UTIs, hematuria, recent history of kidney stones.

He had a cholecystectomy.

He denies difficulty with erections.

No cardiologist. He takes 81 mg aspirin. He was on Eliquis but states it was discontinued. He reports history of factor V deficiency and DVT. He follows with Dr. Nimmagadda.

He is a former smoker. He is retired.

DRE: enlarged, smooth

**ROY, Mike (Legal name: Michael Roy) | (id #500998, dob: 04/23/1946)**

9/6/24: No new issues

He is taking Flomax

He had a PSA done 8/9/24: 5.9

He had a Urocuff done 8/21/24 504 ml, HPHF, 5 ml

He does have some LUTS.

Location: GU tract

Quality: dull

Severity: Moderate

Duration: Since last visit

Associated signs/symptoms: none

ROS:

General/constitutional: No change in appetite, No chills

Respiratory: No cough or shortness of breath

Cardiovascular: No chest pain, no palpitations

Gastrointestinal: No diarrhea, No blood in the stool

Physical exam:

Eyes: Sclera anicteric, Conjunctiva: Moist

Gastrointestinal: Abdomen: soft, Not distended

Respiratory: Respiration is even and unlabored, Symmetric expansion of the chest

Cardiovascular: No tenderness, no edema, Normal cardiac sounds

Genitourinary: Kidneys not palpable, Bladder not palpable

**1. Lower urinary tract symptoms due to benign prostatic hypertrophy -**

Start Finasteride

N40.1: Benign prostatic hyperplasia with lower urinary tract symptoms

**2. Prostate specific antigen above reference range -**

PSA 7/26/24: 5.54

repeat PSA: 5.9

Repeat PSA in 6 months

R97.20: Elevated prostate specific antigen [PSA]

**Return to Office**

- to see Himanshu Aggarwal, MD for PSA, SERUM OR PLASMA (RTO Orders) at JUG Jackson Urogynecology on or around 03/14/2025
- Himanshu Aggarwal, MD for Follow-Up 15 at JUG Jackson Urogynecology on 03/14/2025 at 08:30 AM

9/9/24  
J. Benton, MD