

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 09/06/18

PATIENT: MOLANO, SANTIAGO **DOB:** 06/26/1999 **Gender:** MALE **MRN:** 538 **AGE:** 19 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Abdominal pain

Symptoms: Has abdominal pain, diarrhea--5-6 times per day (loose stools), dizziness upon waking. No known fever. Feels nauseated.

(Patient identified stool consistent with soft/loose stool from pic).

Location: Abdominal

Duration: 1 week to 1 1/2 weeks

Context: Eats a variety of food---Chinese, mexican. Drinks 3-4 bottles of water per day.

COMPLAINT 2: Ankle pain

Symptoms: Patient reports spraining his ankle about 1.5 months ago. He reports that he sprained his ankle 2 times before then. Denies wrapping ankle. Admits taking pain medication that helped.

Context: Plays recreational football frequently.

VITALS: BP: 133/79 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 83; **Temp:** 98.8; **Ht:** 67.7 in.; **Wt:** 222.6 lbs.; **BMI:** 34.14

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: None significant

PAST SURGICAL HISTORY: Burn to (R) arm with grafts.

FAMILY HISTORY: Grandfather has heart disease with heart attacks.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Patient is positive for: Nausea, Dizziness,

GASTROINTESTINAL: Patient is positive for: abdominal pain, diarrhea,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/; NAD; Appears Consistent with Age; Obese;

HEENT: Normocephalic; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nasal mucosa moist and pink; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, no rebound rigidity or guarding; bowel sounds symmetric x4. Mild tenderness in LLQ and suprapubic areas with palpation

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MUSCULOSKELETAL: Pulses equal and bilaterally symmetric; No clubbing, cyanosis, or edema; mild tenderness with palpation of right lateral aspect of ankle, full ROM.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

UA (1 unit(s)): In-House Lab (DELETED)
UA (1 unit(s)): In-House Lab

RESULTS:

UA:
 Appearance: Clear
 Color: Yellow
 Glucose: Negative
 Bill: Negative
 Ketones: Negative
 Sp: 1.015
 Blood: Negative
 pH: 7
 Protein: Negative
 Urobilinogen: Negative
 Nitrites: Negative
 Leukocytes: Negative

ASSESSMENT:

K21.9 - GASTRO-ESOPHAGEAL REFLUX DIS WITHOUT ESOPHAGITIS (PRIMARY)
S93.409A - SPRAIN OF UNSP LIGAMENT OF USP ANKLE INIT--Right ankle

PLAN:

ranitidine 150 mg tablet
Refills: 0 Qty: 60 TABLET(S)
Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE 2 TIMES PER DAY AS NEEDED

Change diet to include more fruits, vegetables, lean meat, chicken, fish. Decrease amount of spicy and greasy food intake.

Bland diet and clear liquids x 24-48 hours.

RICE--Rest, Ice, Compress (Ace wrap), and elevate. Avoid leisurely physical activity x 2 weeks.

May use OTC pain medication of choice as needed. Take with food.

RTC for worsening or unresolving symptoms.

Zofran ODT 4 mg disintegrating tablet
Refills: 0 Qty: 10 TABLET(S)
Instructions: TAKE 1 TABLETS (4 MG) AND PLACE ON TOP OF THE TONGUE WHERE THEY WILL DISSOLVE,

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MAY REPEAT DOSE EVERY 8 HOURS AS NEEDED FOR N/V

Electronically signed by Melodye Harvey, CRNP on 09/07/18 9:05 AM