

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/14/23

PATIENT: ROBBINS, BRADLEY **DOB:** 11/12/1975 **Gender:** MALE **MRN:** 539 **AGE:** 47 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: left ear pain x 2 days

HISTORY OF PRESENT ILLNESS: Also c/o cough and post nasal gtt. History of recent travel to England. Denies fever or sore throat. Tried otc swimmer's ear gtt's with no relief.

VITALS: BP: 138/90 **Pulse:** 84; **Temp:** 98; **Resp:** 18; **Ht:** 67 in.; **Wt:** 242.3 lbs.; **BMI:** 37.94; **Pulse Oximetry:** 95%

ALLERGIES: codeine ((Disturbance of consciousness) or (faint/syncope/vasovagal symptom))

MEDICATIONS:

Nexium 20 mg capsule, delayed release (1 capsule by mouth daily)
levothyroxine 100 mcg tablet (188 mcg po daily)

PAST MEDICAL HISTORY: thyroid cancer; hypothyroidism, GERD

PAST SURGICAL HISTORY: thyroidectomy 2016, inguinal hernia repair--2009; omenectomy--2008

FAMILY HISTORY: Father with history of: diabetes, heart disease; Maternal Grandmother with history of: diabetes and stroke--deceased at age 71; Maternal Grandfather with history of: cancer--deceased; PGF with history of cancer--deceased

HEALTH MX HISTORY:

PCP: Dr. Danny Ingram

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Left ear canal is erythematous with mild soft tissue swelling of the canal. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

H60.92 - Unspecified otitis externa, left ear (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
J30.2 - Other seasonal allergic rhinitis

PLAN:

Tylenol or ibuprofen as needed for pain. Rx as per below. Follow up as needed.

neomycin-polymyxin-hydrocort 3.5 mg-10,000 unit/mL-1 % ear drops,susp

Refills: 0 Qty: 10 ML(S)

Instructions: INSTILL 4 DROPS INTO AFFECTED EAR(S) BY OTIC ROUTE 3 TIMES PER DAY x 10 days

Alahist CF 2 mg-10 mg-20 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: 1 tablet PO every 8 hrs as needed for sinus drainage and cough

Electronically signed by Lindsey Barton, CRNP on 07/14/23 3:13 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.