

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 08/09/19

PATIENT: ROBBINS, BRAD **DOB:** 11/12/1975 **Gender:** MALE **MRN:** 539 **AGE:** 43 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Injured right leg last Thursday

Symptoms: Injury to right shin last week. The last 2 days, he has experienced increased pain. Patient reports increased pain at night. Patient reports that he has stairs at work, in his house.

Location: Right leg--shin

Severity: 3-4/10

ModFact: Improved with Medication--Tylenol; Alternating Ice and heat to area that relieves discomfort.

VITALS: BP: 136/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 98.9; **Resp:** 14

ALLERGIES: codeine ((Disturbance of consciousness) or (faint/syncope/vasovagal symptom))

MEDICATIONS:

Nexium 20 mg capsule, delayed release (1 capsule by mouth daily)

levothyroxine 100 mcg tablet (188 mcg po daily)

PAST MEDICAL HISTORY: thyroid cancer

PAST SURGICAL HISTORY: thyroidectomy 2016, inguinal hernia repair--2009; omenectomy--2008

FAMILY HISTORY: Father with history of: diabetes, heart disease; Maternal Grandmother with history of: diabetes and stroke--deceased at age 71; Maternal Grandfather with history of: cancer--deceased; PGF with history of cancer--deceased

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

MUSCULOSKELETAL: Full Range of Motion; Gait Normal; No clubbing, cyanosis. Mild edema of right lower leg--anterior--shin area. No bruising or erythema noted.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

S89.91XA - USP INJURY OF RIGHT LOWER LEG INITIAL ENCOUNTER (PRIMARY)

PLAN:

RICE---Rest, Ice, Compression (Ace wrap) Elevate---Ace wrapped applied to lower right leg.

15-20 minutes ice on and off 2-3 times per day.

Avoid stairs when possible.

RTC for unresolving or worsening symptoms.

Electronically signed by Melodye Harvey, CRNP on 08/09/19 3:50 PM

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