

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/15/24

PATIENT: POUNDSTONE, ELIZABETH **DOB:** 05/16/1974 **Gender:** FEMALE **MRN:** 5402 **AGE:** 50 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: vaginal itching and burning sensation

HISTORY OF PRESENT ILLNESS: Pt is a 50 YOF who comes in with c/o vaginal discomfort and itching. She reports it feels similar to a previous yeast infection. She denies any abnormal smells or discharge. It started on Sunday. She no longer has a menstrual cycle.

VITALS: BP: 107/67 **Position:** SITTING **Pulse:** 66; **Temp:** 97.8; **Resp:** 16; **Ht:** 62.3 in.; **Wt:** 122.4 lbs.; **BMI:** 22.17; **Pulse Oximetry:** 99%

ALLERGIES: oxycodone

MEDICATIONS:

spironolactone 25 mg tablet

PAST MEDICAL HISTORY: None

PAST SURGICAL HISTORY: C-section x2, Bilat Hip Replacement, Uterine ablation

SOCIAL HISTORY: Occasional ETOH use socially, denies tobacco and illicit drug abuse.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink,

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab

RESULTS:

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UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.015
Blood: Negative
pH: 6.5
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative
CS: No

ASSESSMENT:

R30.0 - DYSURIA (PRIMARY)
B37.31 - Acute candidiasis of vulva and vagina

PLAN:

RX to pharmacy. Return Monday if no improvement. See OB/GYN for yearly annual visit. Pt agrees to plan.

fluconazole 150 mg tablet
Refills: 1 Qty: 2 TABLET(S)
Instructions: TAKE 2 TABLET (150 MG) BY ORAL ROUTE ONCE

terconazole 0.8 % vaginal cream
Refills: 1 Qty: 1 UNIT(S)
Instructions: INSERT 1 APPLICATORFUL BY VAGINAL ROUTE ONCE DAILY AT BEDTIME for 3 days

Electronically signed by Maranda Fain, CRNP on 08/15/24 4:06 PM