

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/10/26

PATIENT: RIVERA, BRENNA **DOB:** 12/08/1994 **Gender:** FEMALE **MRN:** 5403 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Abdominal cramping and thoracic back pain on and off for months. Back pain on present with abdominal cramping occurs. Denies all urinary symptoms, last BM was today and was normal in size and consistency, denies chest pain, shortness or breath, or irregular heart beat.

HISTORY OF PRESENT ILLNESS: 31 YO F PTC with c/o epigastric abd pain radiating into back, pt states it feels more muscular than "inside", does c/o reflux at times, and generalized abdominal cramping. But states area is tender to touch and worse with certain movements such as when she is sitting at her desk all day. Denies any n/v/d or constipation.

VITALS: BP: 150/97 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 96; **Temp:** 98.4; **Resp:** 17; **Ht:** 64 in.; **Wt:** 208.3 lbs.;
BMI: 35.75; **Pulse Oximetry:** 99%; **FDLMP:** 05/20/26

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Aviane 0.1 mg-20 mcg tablet
Wellbutrin XL 300 mg 24 hr tablet, extended release (1 tab daily)
fluoxetine 40 mg capsule (1 tab daily)

PAST MEDICAL HISTORY: Anxiety, Depression, PTSD, HPV w/ abnormal pap in past, UTIs.

PAST SURGICAL HISTORY: Tonsillectomy, tubes in ears.

SOCIAL HISTORY: Works on campus in OGI. Denies smoking, drinking, or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Tender to palpation of epigastric region, Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: clear
Color: pale yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.015
Blood: Negative
pH: 5
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative

ASSESSMENT:

R10.9 - UNSPECIFIED ABDOMINAL PAIN (PRIMARY)
K29.20 - Alcoholic gastritis without bleeding

PLAN:

omeprazole 40 mg capsule, delayed release
Refills: 2 Qty: 30 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY BEFORE A MEAL

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 21 TABLET(S)
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Will trial with omeprazole, pt advised to give two weeks and if no improvement RTC or notify office. Reduce ibuprofen use.

Electronically signed by Breenna Till, CRNP on 06/10/26 9:32 AM

