

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/01/26

PATIENT: LING, XIAO **DOB:** 04/06/1980 **Gender:** MALE **MRN:** 5407 **AGE:** 46 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: wants refill on singulair medication and also complains of seeing a white patch to his throat for 2-3 weeks. Denies sore throat

HISTORY OF PRESENT ILLNESS: 46 YO M PTC with c/o "white patch" on right side of throat for past few weeks, denies pain, drainage, nasal congestion, fever or sore throat, no difficulty swallowing. Pt does need refill on singulair as well.

VITALS: BP: 127/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 59; **Temp:** 96.9; **Resp:** 16; **Ht:** 72.5 in.; **Wt:** 195.6 lbs.; **BMI:** 26.16; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

montelukast 10 mg tablet (TAKE ONE PO QD)

PAST MEDICAL HISTORY: asthma

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: smokes 3-5 cigarettes a day; denies illicit drug use and alcohol use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates, small area of irritation noted to back right oropharynx. NO anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

J30.2 - OTHER SEASONAL ALLERGIC RHINITIS (PRIMARY)

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J39.2 - OTHER DISEASES OF PHARYNX

PLAN:

Pt advised to monitor site for any changes, if it does not clear over next 7-10 days or area becomes larger or develops other symptoms such as sore throat, enlarged lymph node, fever, etc. notify office and we will refer to ENT for further evaluation

Singulair 10 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING

Electronically signed by Breena Till, CRNP on 05/01/26 1:45 PM

