

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/01/25

PATIENT: LING, XIAO **DOB:** 04/06/1980 **Gender:** MALE **MRN:** 5407 **AGE:** 45 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Physical exam and asthma medication refill

HISTORY OF PRESENT ILLNESS: Patient is here for a physical exam and asthma medication refill. He denies any issues and states that he does not require an albuterol inhaler for his asthma.

VITALS: BP: 124/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 53; **Temp:** 96; **Ht:** 72.5 in.; **Wt:** 183.7 lbs.; **BMI:** 24.57; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

montelukast 10 mg tablet (daily)

PAST MEDICAL HISTORY: asthma

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: smokes 3-5 cigarettes a day; denies illicit drug use and alcohol use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Cholesterol Total (1 unit(s)): LabCorp

CBC With Differential/Platelet (1 unit(s)): LabCorp

Lipid Panel w/ LDL/HDL Ratio (1 unit(s)): LabCorp

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Basic Metabolic Panel (8) (1 unit(s)): LabCorp

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
Z13.220 - ENCOUNTER FOR SCREENING FOR LIPOID DISORDERS
Z83.3 - FAMILY HISTORY OF DIABETES MELLITUS
Z82.49 - FAM HX OF ISCHEM HEART DIS & OTH DIS OF CIRC SYS
Z13.9 - ENCOUNTER FOR SCREENING, UNSPECIFIED
J45.20 - MILD INTERMITTENT ASTHMA, UNCOMPLICATED

PLAN:

Patient is here for physical exam. No abnormal findings. Labs obtained. Refilled:

montelukast 10 mg tablet
Refills: 2 Qty: 90 TABLET(S)
Instructions: TAKE ONE PO QD

Electronically signed by Hayley Guthrie, CRNP on 10/01/25 1:22 PM