

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/04/23

PATIENT: BOWEN, DAWNEESE **DOB:** 12/12/1971 **Gender:** FEMALE **MRN:** S00039878 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Fever, cough

HISTORY OF PRESENT ILLNESS: Mrs. Bowen is a 51 yo female here today for fever, cough, chills, headache, and body aches since yesterday. She has been taking theraflu, ibuprofen, and tylenol with some relief. She recently had COVID in Oct 2022.

VITALS: BP: 135/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 80; **Temp:** 98.7; **Resp:** 18; **Ht:** 65.5 in.; **Wt:** 195.3 lbs.; **BMI:** 32; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule
Lasix 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)
Vitamin D3 10 mcg (400 unit) capsule
multivitamin tablet
potassium chloride ER 10 mEq tablet, extended release (1 tablet daily)

PAST MEDICAL HISTORY: GERD s/p Nissen, H/o COVID in 2020 and Jan. 2022. H/O Breast Cancer s/p lumpectomy 2022.

PAST SURGICAL HISTORY: Nissen 2018, (R) rotator cuff surgery 2019, ventral and abdominal hernia repair Dec. 2021. Breast lumpectomy- left side 2022.

SOCIAL HISTORY: Married w/ children. Works at AUM. Drinks occasionally, denies smoking and drug use

FAMILY HISTORY: Mother: HTN, Father: HTN, DM

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Positive
Comment: A+

ASSESSMENT:

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)
R50.9 - FEVER, UNSPECIFIED
R05.9 - Cough, unspecified

PLAN:

Increase water intake. Tylenol or motrin otc as directed on bottle for fever. Follow up as needed. Return to work with no fever for 24 hrs.

Xofluza 80 mg tablet
Refills: 0 Qty: 1 TABLET(S)
Instructions: TAKE 1 TABLET (80 MG) BY ORAL ROUTE ONCE

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 240 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS as needed for cough/congestion

Electronically signed by Lindsey Barton, CRNP on 01/04/23 11:46 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.