

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/18/22

PATIENT: BOWEN, DAWNEESE **DOB:** 12/12/1971 **Gender:** FEMALE **MRN:** S00039878 **AGE:** 50 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough/congestion

HISTORY OF PRESENT ILLNESS: Mrs. Bowen is a 50 yo female here today with cough and congestion white/yellow phlegm. Symptoms started last Wednesday. She tested negative for COVID on that day. She reports eye pain/pressure and fatigue. Denies fever. She has been monitoring her pulse ox at home and it's lowest was 97%. Denies sob or wheezing.

VITALS: BP: 126/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 97.4; **Resp:** 16; **Ht:** 65.5 in.; **Wt:** 181 lbs.;
BMI: 29.66; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule
Vitamin D3 10 mcg (400 unit) capsule
multivitamin tablet

PAST MEDICAL HISTORY: GERD s/p Nissen

PAST SURGICAL HISTORY: Nissen 2018, (R) rotator cuff surgery 2019

SOCIAL HISTORY: Drinks occasionally, denies smoking and drug use

FAMILY HISTORY: Mother: HTN, Father: HTN,DM

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

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RESULTS:

INFLUENZA:

Value: Negative

Abbott Binax Now Rapid COVID :

Value: Positive

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
R09.81 - NASAL CONGESTION
R53.83 - OTHER FATIGUE

PLAN:

GIVEN AUM instructions sheet for COVID. Will need to quarantine for 5 days. She verbalized understanding.

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

azithromycin 250 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Electronically signed by Lindsey Barton, CRNP on 01/18/22 1:27 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.