

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/21/23

PATIENT: BOWEN, DAWNEESE **DOB:** 12/12/1971 **Gender:** FEMALE **MRN:** S00039878 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Increased stress with school and work. Has been monitoring her BP at home and it has been running in 140s-150s/90s-100s. She states she can feel it in her neck and headache at the base of her skull. She has an appt with Bethany Fain, CRNP at cardiology tomorrow at 2 pm.

VITALS: BP: 146/104 **Site:** LEFT ARM **Position:** SITTING **BP2:** 151/97 **Site2:** RIGHT ARM **Position2:** SITTING **BP3:** 142/102 **Site3:** RIGHT ARM **Position3:** SITTING **Pulse3:** 94; **Resp:** 16

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule
Lasix 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)
Vitamin D3 10 mcg (400 unit) capsule
multivitamin tablet
potassium chloride ER 10 mEq tablet, extended release (1 tablet daily)

PAST MEDICAL HISTORY: GERD s/p Nissen, H/o COVID in 2020 and Jan. 2022. H/O Breast Cancer s/p lumpectomy 2022.

PAST SURGICAL HISTORY: Nissen 2018, (R) rotator cuff surgery 2019, ventral and abdominal hernia repair Dec. 2021. Breast lumpectomy- left side 2022.

SOCIAL HISTORY: Married w/ children. Works at AUM. Drinks occasionally, denies smoking and drug use

FAMILY HISTORY: Mother: HTN, Father: HTN, DM

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

ASSESSMENT:

R03.0 - Elevated blood-pressure reading, without diagnosis of hypertension (PRIMARY)
R51.9 - Headache, unspecified

PLAN:

Given dose of clonidine 0.1mg PO once at 3 pm. She is going up stairs to her office. Will return in 1 hr for BP recheck.

1630- Follow up BP 134/88, HR 86. States the pressure in her head and neck is better. Follow up with Cardiology as scheduled tomorrow.

clonidine HCl 0.1 mg tablet
Refills: 0 Qty: 1 TABLET(S)
Instructions: TAKE 1 TABLET (0.1 MG) BY ORAL ROUTE once (Dispensed)

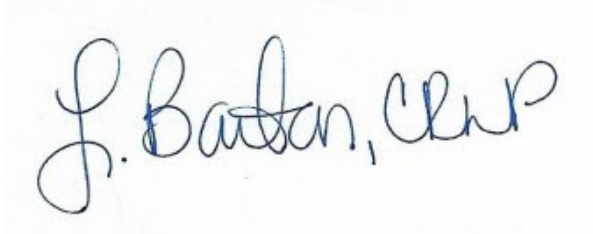
Electronically signed by Lindsey Barton, CRNP on 02/21/23 3:11 PM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large initial "J" and a stylized "B".