

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/28/26

PATIENT: BOWEN, DAWNEESE **DOB:** 12/12/1971 **Gender:** FEMALE **MRN:** 5412 **AGE:** 54 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough, congestion since last week

HISTORY OF PRESENT ILLNESS: 54 YO F PTC with c/o cough, worse at night, productive, sore throat, congestion, pt states started as post nasal drip and progressively became worse, unable to sleep due to cough. Denies fever, chills or body aches.

VITALS: BP: 121/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 78; **Temp:** 97.1; **Resp:** 17; **Ht:** 65.5 in.; **Wt:** 202 lbs.;
BMI: 33.1; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Cardizem LA 180 mg tablet,extended release (TAKE ONE PO QD)
Effexor XR 37.5 mg capsule,extended release (TAKE ONE PO QD)
Pepcid 40 mg tablet
Vitamin D3 10 mcg (400 unit) capsule
Vitamin D3 125 mcg (5,000 unit) tablet (TAKE ONE PO QD)
Xyzal 5 mg tablet
Zoladex 3.6 mg subcutaneous implant (weekly)
Zyrtec 10 mg tablet (TAKE ONE PO QD)
anastrozole 1 mg tablet (TAKE 4 PO QD)
multivitamin tablet
omeprazole 40 mg capsule,delayed release
ursodiol 400 mg capsule (dosage is 1200mg daily)

PAST MEDICAL HISTORY: GERD s/p Nissen, H/o COVID in 2020 and Jan. 2022. H/O Breast Cancer s/p lumpectomy 2022. Hypertension. PACs.

PAST SURGICAL HISTORY: Nissen 2018, (R) rotator cuff surgery 2019, ventral and abdominal hernia repair Dec. 2021. Breast lumpectomy- left side 2022. Heart Catheterization 8/2024.

SOCIAL HISTORY: Married w/ children. Works at AUM. Drinks occasionally, denies smoking and drug use

FAMILY HISTORY: Mother: HTN, Father: HTN,DM

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes noted to have fluid behind TM BL, Ear canals are patent. Nose- septum- midline; POSITIVE frontal sinus tenderness. Throat- erythematous without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No

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peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi. Hoarse, productive cough noted

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection

ASSESSMENT:

J01.40 - ACUTE PANSINUSITIS, UNSPECIFIED (PRIMARY)

PLAN:

Pt advised to take all meds as directed, stay well hydrated and obtain adequate rest. If issues persist or worsen, RTC or go to ED. Cough medication will cause drowsiness.

cefdinir 300 mg capsule
Refills: 0 Qty: 20 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

promethazine-DM 6.25 mg-15 mg/5 mL oral solution
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 5 MILLILITERS BY ORAL ROUTE EVERY 4-6 HOURS AS NEEDED, NOT TO EXCEED 30 ML IN 24 HOURS

Electronically signed by Breena Till, CRNP on 04/28/26 9:24 AM

