

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/11/24

PATIENT: BOWEN, DAWNEESE **DOB:** 12/12/1971 **Gender:** FEMALE **MRN:** 5412 **AGE:** 52 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Chronic cough with intermittent dyspnea

HISTORY OF PRESENT ILLNESS: Patient is here for chronic cough with some nasal congestion and intermittent dyspnea. In the past few months, her blood pressure medication has been changed by her cardiologist due to elevation of blood pressure. She had a PFT that showed moderate COPD. Her heart cath was clear. Her heart monitor showed PACs. She states her blood pressure is better controlled and that her palpitations associated with the PACs are improved.

VITALS: BP: 121/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 73; **Wt:** 198 lbs.

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Cardizem LA 180 mg tablet,extended release (TAKE ONE PO QD)
Effexor XR 37.5 mg capsule,extended release (TAKE ONE PO QD)
Fish Oil 1,000 mg (120 mg-180 mg) capsule
Lasix 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)
Vitamin D3 10 mcg (400 unit) capsule
Vitamin D3 125 mcg (5,000 unit) tablet (TAKE ONE PO QD)
Zyrtec 10 mg tablet (TAKE ONE PO QD)
anastrozole 1 mg tablet (TAKE 4 PO QD)
multivitamin tablet
potassium chloride ER 10 mEq tablet,extended release (1 tablet daily)

PAST MEDICAL HISTORY: GERD s/p Nissen, H/o COVID in 2020 and Jan. 2022. H/O Breast Cancer s/p lumpectomy 2022. Hypertension. PACs.

PAST SURGICAL HISTORY: Nissen 2018, (R) rotator cuff surgery 2019, ventral and abdominal hernia repair Dec. 2021. Breast lumpectomy- left side 2022. Heart Catheterization 8/2024.

SOCIAL HISTORY: Married w/ children. Works at AUM. Drinks occasionally, denies smoking and drug use

FAMILY HISTORY: Mother: HTN, Father: HTN,DM

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for runny nose, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea. POSITIVE FOR NASAL CONGESTION AND INTERMITTENT EAR PAIN AND INTERMITTENT RASPY VOICE.

EYES: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

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RESPIRATORY: All negative for hemoptosis, orthopnea, shortness of breath, sputum, and wheeze. **POSITIVE FOR CHRONIC COUGH.**

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear with serous fluid. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted;.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities;

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Chest XRAY (1 unit(s)): Outside Diagnostic

ASSESSMENT:

R05.3 - CHRONIC COUGH (PRIMARY)

J30.2 - Other seasonal allergic rhinitis

PLAN:

Patient is following up with pulmonologist next week. Ordered chest x-ray. Added Singulair to see if this helps with her symptoms. She sees her cardiologist regularly. Encouraged to follow up if her symptoms are not improved.

Singulair 10 mg tablet

Refills: 5 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING

Electronically signed by Hayley Guthrie, CRNP on 09/11/24 4:38 PM

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