

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/27/24

PATIENT: BOWEN, DAWNEESE **DOB:** 12/12/1971 **Gender:** FEMALE **MRN:** 5412 **AGE:** 52 Years

VISIT TYPE: Lab Only

CHIEF COMPLAINT: Requesting labs for possible nut allergy

HISTORY OF PRESENT ILLNESS: Complains of throat irritation and itching all over after eating pistachios and almonds. Denies throat closing up or shortness of breath. She states it has happened a few times in the past but the symptoms seem to be progressing. Today, her symptoms have improved.

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Cardizem LA 180 mg tablet,extended release (TAKE ONE PO QD)
Effexor XR 37.5 mg capsule,extended release (TAKE ONE PO QD)
Fish Oil 1,000 mg (120 mg-180 mg) capsule
Lasix 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)
Vitamin D3 10 mcg (400 unit) capsule
Vitamin D3 125 mcg (5,000 unit) tablet (TAKE ONE PO QD)
Zyrtec 10 mg tablet (TAKE ONE PO QD)
anastrozole 1 mg tablet (TAKE 4 PO QD)
multivitamin tablet
potassium chloride ER 10 mEq tablet,extended release (1 tablet daily)

PAST MEDICAL HISTORY: GERD s/p Nissen, H/o COVID in 2020 and Jan. 2022. H/O Breast Cancer s/p lumpectomy 2022. Hypertension. PACs.

PAST SURGICAL HISTORY: Nissen 2018, (R) rotator cuff surgery 2019, ventral and abdominal hernia repair Dec. 2021. Breast lumpectomy- left side 2022. Heart Catheterization 8/2024.

SOCIAL HISTORY: Married w/ children. Works at AUM. Drinks occasionally, denies smoking and drug use

FAMILY HISTORY: Mother: HTN, Father: HTN,DM

ORDERS:

Food and Tree Nut Allergy Panel (1 unit(s)): Quest Diagnostics

ASSESSMENT:

Z91.010 - Allergy to peanuts (PRIMARY).
J04.0 - Acute laryngitis.
L29.9 - Pruritus, unspecified.

PLAN:

Follow up with lab results. In the meantime, recommended that she avoid all nuts. She verbalized understanding.

Electronically signed by Lindsey Barton, CRNP on 09/27/24 4:45 PM

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L. Barton, DNP, CRNP