

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/11/23

PATIENT: BOWEN, DAWNEESE **DOB:** 12/12/1971 **Gender:** FEMALE **MRN:** S00039878 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Right ear pain

HISTORY OF PRESENT ILLNESS: Mrs. Bowen is a 51 yo female who came by the clinic today to have her right ear looked at. She was seen upstairs by one of the NPs who felt like she had otitis externa. The clinic here was full yesterday, so a prescription of cortisporin otic was called in. She is still having some pain today, but it seems better since starting the ear drops this morning.

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule
Lasix 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)
Medrol (Pak) 4 mg tablets in a dose pack (TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS)
Vitamin D3 10 mcg (400 unit) capsule
multivitamin tablet
potassium chloride ER 10 mEq tablet, extended release (1 tablet daily)
triamcinolone acetonide 0.1 % topical cream (APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY)

PAST MEDICAL HISTORY: GERD s/p Nissen, H/o COVID in 2020 and Jan. 2022. H/O Breast Cancer s/p lumpectomy 2022.

PAST SURGICAL HISTORY: Nissen 2018, (R) rotator cuff surgery 2019, ventral and abdominal hernia repair Dec. 2021. Breast lumpectomy- left side 2022.

SOCIAL HISTORY: Married w/ children. Works at AUM. Drinks occasionally, denies smoking and drug use

FAMILY HISTORY: Mother: HTN, Father: HTN, DM

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Right ear canal has soft tissue swelling at the opening with erythema. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

H60.91 - Unspecified otitis externa, right ear (PRIMARY)

PLAN:

Continue cortisporin gtts as prescribed. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 10/11/23 5:11 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.