

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/22/24

PATIENT: BOWEN, DAWNEESE **DOB:** 12/12/1971 **Gender:** FEMALE **MRN:** 5412 **AGE:** 52 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sinus pressure and congestion

HISTORY OF PRESENT ILLNESS: Mrs. Bowen is a 52 yo female here today for sinus pressure, nasal congestion, occasional dry cough, and post nasal gtt for the past 10 days. She was seen on November 12 and tested negative for covid and flu. Since then she has progressively gotten worse. Denies fever. She has been taking singulair and otc dayquil and nyquil.

VITALS: BP: 134/81 **Pulse:** 83; **Temp:** 98; **Resp:** 16; **Ht:** 65.5 in.; **Wt:** 198.5 lbs.; **BMI:** 32.52; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Cardizem LA 180 mg tablet,extended release (TAKE ONE PO QD)
Effexor XR 37.5 mg capsule,extended release (TAKE ONE PO QD)
Fish Oil 1,000 mg (120 mg-180 mg) capsule
Lasix 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)
Vitamin D3 10 mcg (400 unit) capsule
Vitamin D3 125 mcg (5,000 unit) tablet (TAKE ONE PO QD)
Zyrtec 10 mg tablet (TAKE ONE PO QD)
anastrozole 1 mg tablet (TAKE 4 PO QD)
multivitamin tablet
potassium chloride ER 10 mEq tablet,extended release (1 tablet daily)

PAST MEDICAL HISTORY: GERD s/p Nissen, H/o COVID in 2020 and Jan. 2022. H/O Breast Cancer s/p lumpectomy 2022. Hypertension. PACs.

PAST SURGICAL HISTORY: Nissen 2018, (R) rotator cuff surgery 2019, ventral and abdominal hernia repair Dec. 2021. Breast lumpectomy- left side 2022. Heart Catheterization 8/2024.

SOCIAL HISTORY: Married w/ children. Works at AUM. Drinks occasionally, denies smoking and drug use

FAMILY HISTORY: Mother: HTN, Father: HTN,DM

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Rocephin 1G:
Site Given: Left Ventragluteal
Dosage Given: 1 gram(s)
Administered By: Barton, Lindsey - CRNP

Dexamethasone 4mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)
R05.9 - Cough, unspecified

PLAN:

Rx as per below. Follow up as needed.

fluconazole 150 mg tablet
Refills: 0 Qty: 2 TABLET(S)
Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE; may repeat dose in 3 days if needed.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 11/22/24 2:18 PM

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L. Barton, DNP, CRNP