

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/09/24

PATIENT: ULUS, YENER **DOB:** 05/05/1986 **Gender:** MALE **MRN:** 5415 **AGE:** 38 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: left foot and left thigh swelling, redness, tenderness since yesterday

HISTORY OF PRESENT ILLNESS: Mr. Ulus is a 38 yo male here today for left thigh redness, warmth and swelling that started yesterday. He states he thinks he pulled a hair from the area. He says it was something black and he is sure it was not any kind of bug.

He also has a bump to his left foot between two of his toes that has his left foot swollen. He denies pain or itching. He is not aware of being bit by anything.

VITALS: BP: 132/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 97.1; **Resp:** 16; **Wt:** 170.4 lbs.; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: OSA s/p surgery

PAST SURGICAL HISTORY: Sleep apnea surgery

SOCIAL HISTORY: Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. Left upper anterior thigh there is erythema and warmth 17.5 cm wide by 13cm long. There is a small pustular lesion towards the center of the wound. No fluctuance. Left foot between the 2nd and 3rd toe there is a pustular lesion with surrounding soft tissue swelling that extends to midfoot without erythema.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

L03.116 - Cellulitis of left lower limb (PRIMARY)

Z91.038 - Other insect allergy status

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PLAN:

Rx as per below. Steroid dose pack for hypersensitivity reaction to what appears to be an ant bite. He declined a steroid injection today. Keflex for cellulitis of left thigh. Also recommended warm compresses and tylenol or ibuprofen as needed for pain. Return to clinic if no improvement or worsening symptoms. He verbalized understanding.

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 UNIT(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

cephalexin 500 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE BID x 10 days

Electronically signed by Lindsey Barton, CRNP on 09/09/24 10:37 AM

L. Barton, DNP, CRNP