

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/30/25

PATIENT: RIVERA, MOSES **DOB:** 01/13/1991 **Gender:** MALE **MRN:** 5421 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat and runny nose

HISTORY OF PRESENT ILLNESS: Patient is here for a sore throat and runny nose that started yesterday. He denies fever, cough, difficulty swallowing, or hoarseness.

VITALS: BP: 109/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 69; **Temp:** 96.8; **Resp:** 17; **Ht:** 66 in.; **Wt:** 160.2 lbs.;
BMI: 25.85; **Pulse Oximetry:** 98%

ALLERGIES: Dust; No Known Drug Allergies

MEDICATIONS:

finasteride 1 mg tablet (daily for alopecia)

PAST MEDICAL HISTORY: ADHD, one episode of depression as a teenager, hyperlipidemia.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Works on campus. Denies smoking, drinking, or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat slightly red without exudates but does have postnasal drainage. No anterior or posterior cervical nodes palpated, No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted;

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities;

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII grossly intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

INFLUENZA Rapid Test (1 unit(s)): In-House Lab

COVID Rapid Testing (1 unit(s)): In-House Lab

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RESULTS:

STREP A:

Value: Negative

INFLUENZA Rapid Test:

Value: Negative

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

J00 - Acute nasopharyngitis [common cold] (PRIMARY)

J34.89 - OTHER SPECIFIED DISORD OF NOSE AND NASAL SINUSES

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Patient is here with cold-like symptoms. He was negative for COVID, flu, and strep. Encouraged rest, plenty of fluids and acetaminophen and sudafed for symptoms. Instructed to return if not improved by Monday.

Electronically signed by Hayley Guthrie, CRNP on 01/30/25 11:49 AM