

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/19/25

PATIENT: ABDULLAH, KATRINA **DOB:** 03/10/1971 **Gender:** FEMALE **MRN:** 5439 **AGE:** 53 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: congestion, wheezing, chills, and intermittent nausea x 1 week.

HISTORY OF PRESENT ILLNESS: Ms. Abdullah is a 53 yo female here today for dry cough, wheezing, chills, nasal congestion and intermittent nausea x 1 week. She has a history of asthma. She is out of the albuterol nebulizer solution and is requesting a refill. She denies fever.

VITALS: BP: 117/76 **Pulse:** 76; **Temp:** 97.1; **Resp:** 17; **Ht:** 67.5 in.; **Wt:** 278.2 lbs.; **BMI:** 42.92; **Pulse Oximetry:** 96%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

albuterol sulfate 2.5 mg/3 mL (0.083 %) solution for nebulization (USE 1 VIAL VIA NEBULIZER EVERY 4 HOURS)
atenolol 50 mg-chlorthalidone 25 mg tablet
epinephrine 0.3 mg/0.3 mL injection, auto-injector (INJECT 1 PEN IN THE MUSCLE ONE TIME AS DIRECTED AS NEEDED ALLERGIC REACTION)
potassium chloride ER 20 mEq tablet, extended release (TAKE 1 TABLET BY MOUTH EVERY DAY)

PAST MEDICAL HISTORY: HTN, hypokalemia, degenerative disc disease, asthma.

PAST SURGICAL HISTORY: hysterectomy

SOCIAL HISTORY: Works at AUM in Police Department. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

J45.21 - Mild intermittent asthma with (acute) exacerbation (PRIMARY)

R05.9 - Cough, unspecified

PLAN:

Offered steroid injection but she declined today. Given albuterol neb in clinic. Rx as per below. Follow up as needed. She has a physical with her PCP in the upcoming month.

albuterol sulfate 2.5 mg/3 mL (0.083 %) solution for nebulization

Refills: 0 Qty: 50 UNIT(S)

Instructions: USE 1 VIAL VIA NEBULIZER EVERY 4 HOURS as needed for shortness of breath/wheezing. (Disp 50 vials or 1 box).

albuterol sulfate HFA 90 mcg/actuation aerosol inhaler

Refills: 0 Qty: 1 UNIT(S)

Instructions: INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED for shortness of breath/wheezing (disp 1 inhaler).

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 UNIT(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler

Refills: 0 Qty: 1 UNIT(S)

Instructions: INHALE 2 PUFFS BY INHALATION ROUTE 2 TIMES PER DAY IN THE MORNING AND EVENING (steroid inhaler for asthma).

Electronically signed by Lindsey Barton, CRNP on 02/19/25 4:50 PM

L. Barton, DNP, CRNP