

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/03/25

PATIENT: SHIVAKANT, FNU **DOB:** 04/14/1987 **Gender:** MALE **MRN:** 5441 **AGE:** 37 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: dizziness that started about 20 minutes ago

HISTORY OF PRESENT ILLNESS: Mr. Shivakant is a 37 yo male here today for a brief episode of dizziness that occurred as he was walking into his classroom to teach. He states it lasted about 20 min. He denies any other associated symptoms to include no headache, ringing in the ears, chest pain, SOB, palpitations, or URI symptoms. He denies dizziness presently except for a brief moment when he went to leave a urine sample in the office.

VITALS: BP: 123/79 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 61; **Temp:** 96.6; **Resp:** 16; **Ht:** 69.5 in.; **Wt:** 179.8 lbs.; **BMI:** 26.17; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: hyperlipidemia

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Works on campus. Teaches biology. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY: Brother- diabetes.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. No nystagmus. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/03/25

PATIENT: SHIVAKANT, FNU **DOB:** 04/14/1987 **Gender:** MALE **MRN:** 5441 **AGE:** 37 Years

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab
Glucose (1 unit(s)): In-House Lab
Orthostatic Vital Signs (1 unit(s)): Office Procedure
EKG (1 unit(s)): Office Procedure

RESULTS:

UA:
 Appearance: clear
 Color: yellow
 Glucose: Positive
 Bill: Negative
 Ketones: Negative
 Sp: 1.025
 Blood: Negative
 pH: 6
 Protein: Negative
 Urobilinogen: Negative
 Nitrites: Negative
 Leukocytes: Negative
 CS: No
 Comments: Glucose- 250.

Glucose:
 Value: 103

ASSESSMENT:

R42 - DIZZINESS AND GIDDINESS (PRIMARY)
R81 - GLYCOSURIA
E78.5 - Hyperlipidemia, unspecified

PLAN:

Orthostatic vital signs are negative.

Lying- 123/81, 59
Sitting- 123/83, 60
Standing- 124/82, 64

EKG- Sinus brady at 54 bpm w/ no ischemic changes.

Recommend he return for fasting labs- CBC, CMP, FLP, HgbA1c, TSH, T4 on Wednesday.

Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 03/03/25 1:01 PM

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/03/25

PATIENT: SHIVAKANT, FNU **DOB:** 04/14/1987 **Gender:** MALE **MRN:** 5441 **AGE:** 37 Years

L. Barton, DNP, CRNP