

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/12/25

PATIENT: DUTTA, TATHAGATA **DOB:** 04/10/1994 **Gender:** MALE **MRN:** 5443 **AGE:** 30 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: sore throat, nasal congestion, headache, and slight cough

HISTORY OF PRESENT ILLNESS: Mr. Dutta is a 30 yo male here today for sore throat, runny nose, nasal congestion, headache, and slight cough that started yesterday. Denies fever. He took advil this morning.

VITALS: BP: 134/80 **Pulse:** 84; **Temp:** 97; **Resp:** 17; **Ht:** 69.5 in.; **Wt:** 212.3 lbs.; **BMI:** 30.9; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: AUM Faculty. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

INFLUENZA Rapid Test (1 unit(s)): In-House Lab

COVID Rapid Testing (1 unit(s)): In-House Lab

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RESULTS:

STREP A:

Value: Negative

INFLUENZA Rapid Test:

Value: Negative

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

R05.9 - COUGH, UNSPECIFIED

PLAN:

Recommended otc antihistamine or tylenol cold and sinus or similar for symptomatic relief. He was reassured that symptoms typically resolve within 7-10 days. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 03/12/25 3:26 PM

L. Barton, DNP, CRNP