

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/10/25

PATIENT: ALLABERDIYEVA, MAHRI **DOB:** 04/03/1985 **Gender:** FEMALE **MRN:** 5446 **AGE:** 40 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: fatigue, hair loss, acne

HISTORY OF PRESENT ILLNESS: Ms. Allaberdieva is a 40 yo female here today for hair loss and acne in her scalp that itches and is painful at times. She also c/o 10kg weight gain since moving to the U.S. 7 months ago. Associated with difficulty sleeping for the past 2 weeks.

VITALS: BP: 135/91 **Pulse:** 93; **Temp:** 97.7; **Resp:** 17; **Ht:** 63.5 in.; **Wt:** 205.3 lbs.; **BMI:** 35.79; **Pulse Oximetry:** 98%; **FDLMP:** 04/09/25

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

cholecalciferol (vitamin D3) 1,250 mcg (50,000 unit) capsule (TAKE 1 CAPSULE (1,250 MCG) BY ORAL ROUTE ONCE WEEKLY for vitamin D deficiency)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Appendectomy

SOCIAL HISTORY: Spouse of AUM employee. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. Multiple, pustular lesions with surrounding erythema to scalp with hair thinning.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

TSH (LabCorp) (1 unit(s)): LabCorp
Hemoglobin A1c (1 unit(s)): LabCorp
Vitamin B12 (1 unit(s)): LabCorp
Thyroxine (T4) Free Direct (1 unit(s)): LabCorp
CBC With Differential/Platelet (1 unit(s)): LabCorp
Thyroid Peroxidase (TPO) Ab (1 unit(s)): LabCorp
Vitamin D 25-Hydroxy (1 unit(s)): LabCorp
Lipid Panel (1 unit(s)): LabCorp

ASSESSMENT:

L73.9 - Follicular disorder, unspecified (PRIMARY)
L65.9 - NONSCARRING HAIR LOSS, UNSPECIFIED
R63.5 - ABNORMAL WEIGHT GAIN
R53.83 - OTHER FATIGUE
G47.00 - INSOMNIA, UNSPECIFIED

PLAN:

Follow up with lab results. Will treat for scalp folliculitis. Follow up as needed.

doxycycline hyclate 100 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET (100 MG) BY ORAL ROUTE 2 TIMES PER DAY for scalp folliculitis

ketoconazole 2 % shampoo

Refills: 0 Qty: 60 ML(S)

Instructions: APPLY TO THE AFFECTED AREA(S), LATHER, LEAVE IN PLACE FOR 5 MINUTES, AND THEN RINSE OFF WITH WATER BY TOPICAL ROUTE ONCE DAILY x 3 days

Electronically signed by Lindsey Barton, CRNP on 04/11/25 10:03 AM

L. Barton, DNP, CRNP