

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/20/26

PATIENT: OWENS, MICKEY **DOB:** 01/23/1968 **Gender:** MALE **MRN:** 5447 **AGE:** 58 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sinus pressure and cough

HISTORY OF PRESENT ILLNESS: 58 YO M PTC with c/o cough, sore throat, sinus pressure, and ear fullness x 2 weeks, denies fever, chills or body aches, staets cough is improving but sinus pressure is worse. Pt states he is using claritin and sudafed with some relief. Works outdoors doing lawn maintenance.

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Januvia 100 mg tablet (daily)
Jardiance 25 mg tablet
Plavix 75 mg tablet
Protonix 40 mg tablet,delayed release (daily)
Reglan 5 mg tablet
Symbicort 80 mcg-4.5 mcg/actuation HFA aerosol inhaler (INHALE 2 PUFFS BY INHALATION ROUTE 2 TIMES PER DAY IN THE MORNING AND EVENING)
Toujeo Max U-300 SoloStar 300 unit/mL (3 mL) subcutaneous insulin pen
Zetia 10 mg tablet
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED for shortness of breath/wheezing)
aspirin 80 mg tablet (daily)
isosorbide mononitrate ER 30 mg tablet,extended release 24 hr
metoprolol succinate ER 100 mg tablet,extended release 24 hr
rosuvastatin 40 mg tablet (daily)

PAST MEDICAL HISTORY: T2DM, HLD, HTN, CAD, diverticulitis, GERD, GAD. Kidney stones. Gastroparesis.

PAST SURGICAL HISTORY: Triple bypass in 2012 by Dr. Kwan. Bilateral shoulder surgery and bilateral elbow surgery.

SOCIAL HISTORY: Works at AUM in maintenance department. Married. Former smoker in which he smoked 1.5 ppd x 20 years. He quit in 2020. Denies alcohol or illicit drug use. Counseled for nutrition. Counseled for physical activity.

FAMILY HISTORY:

HEALTH MX HISTORY:

Cardiologist- MCA

CV Surgeon- Kwan

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear.

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Ear canals are patent. Nose- septum- midline; Positive frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection

RESULTS:

Rocephin 1G:
Site Given: Left Ventral Gluteal
Dosage Given: 1 gram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J01.40 - ACUTE PANSINUSITIS, UNSPECIFIED (PRIMARY)

PLAN:

cefdinir 300 mg capsule
Refills: 0 Qty: 14 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension
Refills: 0 Qty: 1 APPLICATOR(S)
Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED

Pt advised to take all meds as directed, stay well hydrated and obtain adequate rest. If issues persist or worsen, RTC or go to ED.

Electronically signed by Breena Till, CRNP on 04/20/26 1:50 PM

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