

**Auburn Montgomery Warhawk Health Services**

7461 East Dr STE 102  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 02/05/26

**PATIENT:** GRIGGS, KENDRA   **DOB:** 03/09/1997   **Gender:** FEMALE   **MRN:** 5457   **AGE:** 28 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** productive cough, headache, body aches, congestion, runny nose, dyspnea, sore throat, and nausea since yesterday

**HISTORY OF PRESENT ILLNESS:** 28 YO F co cough, headache, body aches, nausea, nasal congestion, sore throat, since yesterday, pt exposed to flu positive coworker.

**VITALS:** BP: 133/88   **Site:** LEFT ARM   **Position:** SITTING   **Pulse:** 125;   **Temp:** 98.3;   **Resp:** 17;   **Ht:** 64 in.;   **Wt:** 157.8 lbs.;   **BMI:** 27.08;   **Pulse Oximetry:** 99%

**ALLERGIES:** No Known Drug Allergies

**MEDICATIONS:**

cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution (once monthly)

**PAST MEDICAL HISTORY:** GAD/depression, colitis in April 2025.

**PAST SURGICAL HISTORY:** C-section.

**SOCIAL HISTORY:** Married. Works at AUM. Never smoked tobacco 0 packs per day for 0 years (0 Pack Years).

**FAMILY HISTORY:**

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

**Auburn Montgomery Warhawk Health Services**

7461 East Dr STE 102  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 02/05/26

**PATIENT:** GRIGGS, KENDRA    **DOB:** 03/09/1997    **Gender:** FEMALE    **MRN:** 5457    **AGE:** 28 Years

**ORDERS:**

INFLUENZA Rapid Test (1 unit(s)): In-House Lab  
COVID Rapid Testing (1 unit(s)): In-House Lab  
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection  
Cyanocobalamin 1000mcg/ml (1 unit(s)): Injection

**RESULTS:**

INFLUENZA Rapid Test:  
Value: Negative  
Comment: False early negative.

COVID Rapid Testing:  
Value: Negative

**ASSESSMENT:**

J11.1 - FLU DUE TO UNIDENT FLU VIRUS W OTH RESP MANIFEST (PRIMARY)  
R50.9 - FEVER, UNSPECIFIED  
E53.8 - DEFICIENCY OF OTHER SPECIFIED B GROUP VITAMINS

**PLAN:**

Xofluza 80 mg tablet  
Refills: 0 Qty: 1 TABLET(S)  
Instructions: TAKE 1 TABLET (80 MG) BY ORAL ROUTE ONCE

Pt advised to rest and hydrate well, may use OTC meds for symptomatic care, do not return to work until fever free x 24 hours.

Electronically signed by Breena Till, CRNP on 02/05/26 9:18 AM

