

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/10/25

PATIENT: EVANS, AMBER **DOB:** 01/10/1976 **Gender:** FEMALE **MRN:** 5459 **AGE:** 49 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: chest congestion, head congestion, sore throat, and runny nose since Sunday

Symptoms: as stated above

Duration: since Sunday

Timing: worse in the morning

ModFact: has not tried OTC meds

Other: denies N/V/D, fevers

VITALS: BP: 127/72 **Position:** SITTING **Pulse:** 78; **Temp:** 98; **Resp:** 16; **Ht:** 60 in.; **Wt:** 205 lbs.; **BMI:** 40.03; **Pulse Oximetry:** 98%; **FDLMP:** 07/03/25

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

levothyroxine 100 mcg tablet (daily)

PAST MEDICAL HISTORY: hypothyroid, mono, strep throat

PAST SURGICAL HISTORY: None

SOCIAL HISTORY: Denies tobacco, ETOH, drug abuse

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

STREP A:
Value: Negative

INFLUENZA Rapid Test:
Value: Negative

INFLUENZA Rapid Test:
Value: Negative

COVID Rapid Testing:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R09.81 - NASAL CONGESTION
R51.9 - HEADACHE, UNSPECIFIED
J06.9 - Acute upper respiratory infection, unspecified

PLAN:

Appears to be viral URI versus seasonal allergy r/t. Pt was exposed to flu in the last week.

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

Refills: 0 Qty: 1 APPLICATOR(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS

Electronically signed by Maranda Fain, CRNP on 07/10/25 10:01 AM



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