

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/13/25

PATIENT: EVANS, AMBER **DOB:** 01/10/1976 **Gender:** FEMALE **MRN:** 5459 **AGE:** 49 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sent to clinic by HR due to fall on campus about 1 hour ago. Denies pain or any issues.

HISTORY OF PRESENT ILLNESS: Patient is here due to falling on the sidewalk while walking across campus. She states that she tripped/lost her footing. She denies syncope. She states that she fell forward and hit her nose on the sidewalk. She states that she had a nosebleed that has resolved. She states that she has a slight swelling to her lower lip and a scrape to the left hand. She denies any other pain.

VITALS: BP: 151/89 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 98.4; **Resp:** 16; **Ht:** 60 in.; **Wt:** 205.3 lbs.; **BMI:** 40.09; **Pulse Oximetry:** 98%; **FDLMP:** 08/06/25

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

levothyroxine 100 mcg tablet (daily)
venlafaxine 37.5 mg tablet (daily)

PAST MEDICAL HISTORY: hypothyroid, mono, strep throat

PAST SURGICAL HISTORY: None

SOCIAL HISTORY: Denies tobacco, ETOH, drug abuse

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No tenderness to nasal bones, forehead, maxillar area or mandibular area. Small area of swelling and ecchymoses to lower lip.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities. No tenderness to chest wall, spine, shoulders, elbows, or knees.

INTEGUMENTARY: Abrasion noted to left lateral hand. Bleeding controlled.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

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W10.1XXA - Fall (on)(from) sidewalk curb, initial encounter (PRIMARY)

S00.511A - Abrasion of lip, initial encounter

S00.33XA - Contusion of nose, initial encounter

S60.519A - Abrasion of unspecified hand, initial encounter

PLAN:

Patient's physical exam was essentially normal with the abnormalities specified in the exam. Instructed ice, rest, and to take ibuprofen q 6 hrs for the next 24 hrs.

Follow up for worsening symptoms.

Electronically signed by Hayley Guthrie, CRNP on 08/13/25 1:48 PM