

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/21/25

PATIENT: GUTHRIE, MOLLIE **DOB:** 06/29/2006 **Gender:** FEMALE **MRN:** 5469 **AGE:** 19 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Fatigue, weight gain, occasional dysuria, body aches, and chills for the past two months.

HISTORY OF PRESENT ILLNESS: Patient is here for fatigue, weight gain, occasional dysuria, body aches, and chills for the past two months. She is 11 months post-partum and states that her hormones were off at her last OB/Gyn appointment. She was placed on BCP. She has also had vaginal dryness and low libido for the past 9 months.

VITALS: BP: 132/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 83; **Temp:** 97.8; **Resp:** 16; **Ht:** 62 in.; **Wt:** 129.5 lbs.;
BMI: 23.68; **Pulse Oximetry:** 99%; **FDLMP:** 10/19/25

GROWTH PERCENTILES:

Weight/Age: 53

Height/Age: 19

Weight/Height: N/A

BMI/Age: 70

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Nextstellis 3 mg-14.2 mg (28) tablet (TAKE ONE PO QD)

PAST MEDICAL HISTORY: asthma

PAST SURGICAL HISTORY: Removal of Osteochondroma in 2020

SOCIAL HISTORY: vapes daily; denies alcohol and illicit drug use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/21/25

PATIENT: GUTHRIE, MOLLIE **DOB:** 06/29/2006 **Gender:** FEMALE **MRN:** 5469 **AGE:** 19 Years

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab
MONOSPOT (1 unit(s)): In-House Lab
TSH (LabCorp) (1 unit(s)): LabCorp
Vitamin B12 (1 unit(s)): LabCorp
Testosterone (1 unit(s)): LabCorp
Progesterone (1 unit(s)): LabCorp
Estrogens Total (1 unit(s)): LabCorp
CBC With Differential/Platelet (1 unit(s)): LabCorp
Comp. Metabolic Panel (14) (1 unit(s)): LabCorp
STI Profile (RPR, HIV, HBV, HCV, CT/NG/TV) (1 unit(s)): LabCorp

RESULTS:

UA:
 Appearance: clear
 Color: pale yellow
 Glucose: Negative
 Bill: Negative
 Ketones: Negative
 Sp: 1.005
 Blood: Positive
 pH: 7
 Protein: Negative
 Urobilinogen: Negative
 Nitrites: Negative
 Leukocytes: Negative
 Comments: Blood: 250 Ery/uL

MONOSPOT:
 Value: Negative

ASSESSMENT:

R53.83 - OTHER FATIGUE (PRIMARY)
R63.5 - ABNORMAL WEIGHT GAIN
M25.50 - PAIN IN UNSPECIFIED JOINT
Z11.3 - ECT SCREEN FOR INFECT W SEXL MODE OF TRANSMISS
N92.6 - IRREGULAR MENSTRUATION, UNSPECIFIED
R30.0 - DYSURIA
N89.8 - OTHER SPECIFIED NONINFLAMMATORY DISORD OF VAGINA
R68.82 - DECREASED LIBIDO
J45.40 - Moderate persistent asthma, uncomplicated

PLAN:

Patient is here for labs and needs refills for her asthma. Will treat labs results accordingly. Physical exam is normal.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/21/25

PATIENT: GUTHRIE, MOLLIE **DOB:** 06/29/2006 **Gender:** FEMALE **MRN:** 5469 **AGE:** 19 Years

Dulera 200 mcg-5 mcg/actuation HFA aerosol inhaler

Refills: 11 Qty: 1 PACKET(S)

Instructions: INHALE 2 PUFFS BY INHALATION ROUTE 2 TIMES PER DAY IN THE MORNING AND EVENING

albuterol sulfate HFA 90 mcg/actuation aerosol inhaler

Refills: 6 Qty: 1 PACKET(S)

Instructions: INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED

Electronically signed by Hayley Guthrie, CRNP on 10/21/25 4:15 PM