

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/05/26

PATIENT: MAAS, ERIK **DOB:** 06/09/1981 **Gender:** MALE **MRN:** 5480 **AGE:** 44 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat, head congestion, sinus drainage and cough
Duration: sore throat-2days; all other symptoms 1 day

VITALS: BP: 135/91 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 97.9; **Resp:** 16; **Ht:** 72 in.; **Wt:** 227.6 lbs.; **BMI:** 30.86; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

trazodone 50 mg tablet (QHS)

PAST MEDICAL HISTORY: NONE;

PAST SURGICAL HISTORY: Cholecystectomy;

SOCIAL HISTORY: Chews products containing tobacco ZYN nicotine pouch Counseled for nutrition. Counseled for physical activity. ETOH weekly

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; POSITIVE Sinus tenderness. Throat- ERYTHEMA without exudates, post nasal drip. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

INFLUENZA Rapid Test (1 unit(s)): In-House Lab

COVID Rapid Testing (1 unit(s)): In-House Lab

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection

Rocephin 250mg (4 unit(s)): Injection

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Dexamethasone 4mg/ml (1 unit(s)): Injection

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

J01.00 - ACUTE MAXILLARY SINUSITIS, UNSPECIFIED

PLAN:

cefdinir 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Breena Till, CRNP on 02/05/26 2:37 PM

