

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/22/26

PATIENT: JACKSON, ISAAC **DOB:** 02/03/1993 **Gender:** MALE **MRN:** 5492 **AGE:** 33 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: facial pressure, sinus drainage, slight cough, and congestion for 3 days

HISTORY OF PRESENT ILLNESS: 33 YO M PTC with c/o sinus pressure, drainage, congestion for past 3 days. Pt also c/o tinnitus in right ear, has ENT appt pending for June.

VITALS: BP: 120/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 59; **Temp:** 96.5; **Resp:** 16; **Ht:** 66 in.; **Wt:** 159.6 lbs.;
BMI: 25.75; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Emergen-C 500 mg chewable tablet
Xyzal 5 mg tablet

PAST MEDICAL HISTORY: seasonal allergies, elevated CHO

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies ETOH, illicit drug or tobacco use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; POSITIVE frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)

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Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J01.10 - ACUTE FRONTAL SINUSITIS, UNSPECIFIED (PRIMARY)

PLAN:

Pt advised to take all meds as directed, stay well hydrated and obtain adequate rest. If issues persist or worsen, RTC or go to ED. Keep ENT appt for evaluation of tinnitus

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

Refills: 0 Qty: 1 APPLICATOR(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 21 TABLET(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Electronically signed by Breena Till, CRNP on 04/22/26 11:12 AM

