

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/25/23

PATIENT: COOK, ALEXANDRA **DOB:** 07/17/1995 **Gender:** FEMALE **MRN:** S00223660 **AGE:** 28 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Right ear pain since yesterday. Denies fever, cough, runny nose, or congestion.

VITALS: BP: 142/92 **Pulse:** 92; **Temp:** 98.8; **Resp:** 16; **Ht:** 65 in.; **Wt:** 194.4 lbs.; **BMI:** 32.34; **Pulse Oximetry:** 99%;
FDLMP: 07/27/23

ALLERGIES: Morphine (product) (Anaphylaxis); Sulfa (Sulfonamide Antibiotics) (Anaphylaxis)

MEDICATIONS:

Singulair 10 mg tablet (1 tablet PO QHS)

PAST MEDICAL HISTORY: seasonal allergies, PCOS

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Works in admissions. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- Left TM is clear right TM is slightly cloudy with serous fluid present. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

Depo-Medrol 40mg/ml (1 unit(s)): Injection

Dexamethasone 4mg/ml (1 unit(s)): Injection

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RESULTS:

Dexamethasone 4mg/ml:

Site Given: Left Ventral Gluteal

Dosage Given: 4 milligram(s)

Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:

Site Given: Left Ventragluteal

Dosage Given: 40 milligram(s)

Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

H65.01 - Acute serous otitis media, right ear (PRIMARY).

PLAN:

Recommended otc zyrtec or xyzal at night. Given small 30 ml sample bottle of zyrtec. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 08/25/23 10:19 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.